# ANNUAL REPORT 2021-22



# NSS UNIT S.M. PATEL COLLEGE OF HOME SCIENCE

**NSS PROGRAMME OFFICERS** 

Dr. NIDHI GUPTA Ms. TRUSHA LAD NSS STUDENT SECRETARY

MS. ADITI VAVIYA (T.Y.FSQC)

#### 1. Environment day celebration (5-6-2021)

Tree Plantation Programme was done to celebrate environment day on 5<sup>th</sup> June, 2021 at the college Campus. 30 (Thirty) staff members (teaching and non teaching) participated enthusiatically in the plantation activity. Students could not participate in this activit due to Covid pendamic but they were requested to do plantation in their home garden or pot and send their pictures.









#### 2. Patriotic Song- Dance competition (15-8-2021)

Dance competition on patriotic songs was organized for celebrating Independence Day in the college campus. 65 students participated in the solo and group dance competition. CVM higher secondar students also participated in the event.

### એસ.એમ.પટેલ કોલેજ ઓફ હોમ સાયન્સ



એસ.એમ.પટેલ કોલેજ ઓફ હોમ સાયન્સ મુકામે હ3 માં ગણતંત્ર દિવસની ઉજવણી પ્રિન્સિપાલ ડો. ભાવના ચૌહાણના અધ્યક્ષ પદે કરવામાં આવી હતી. કાર્ચક્રમની શરૂઆત પ્રાર્થનાથી કર્ચા બાદ અધ્યક્ષના હસ્તે ધ્વજ ફરકાવવામાં આવ્યો હતો. કાર્ચક્રમમાં કોલેજનો સમગ્ર સ્ટાફ જોડાયો હતો.



#### 3. Organ Donation Awareness Programme (17-09-2021)

On our Prime minister's birthday Organ donation awareness program was organized with staff and students by our NSS program officers told the students and staff members the procedure for donating their organs and the pledge was taken to donate their organs. 147 students and 30 staff members took the pledge to donate their organs to the needy patients.







#### 4. Poshan Pakhwara celebration (29-9-2021)

The NSS unit of college in collaboration with Department of Foods and Nutrition celebrated the Poshan Pakhwara by organizing various activities.

(a) **Distribution of fruits** to the primary school children and made them aware about the importance of fruits for a healthy body. 35 NSS volunteers participated in the activity of fruit distribution.



(b) A **Recipe competition** was organized for the students to prepare recipes based on indigenous foods (traditional). No. of students actively participated in the recipe competition and prepared recipes with great enthusiasm.





(c) **A lecture** by Dr. Minal Chauhan was organized to impart knowledge to the S.Y. B.Sc students for promoting regional/indigenous foods. 42 students participated in the event.



#### 5. Youth Leadership Programme:

On 13-14<sup>th</sup> October, 2021 Youth Leadership program was organized by the NSS unit of Sardar Patel University. Two girls from our college participated in the same where they were involved in clean India project and number of group activities were carried out with the aim to enhance their confidence and leadership qualities







#### 6. Aazadi Amrut Mohotsav (1st to 31st October, 2021):

The NSS unit of S. M. Patel College of Home Science has celebrated Aazadi Amrut Mohotsav in the month of October by organizing three activities:

- (a) Cleaning Camp
- (b) Joy of Giving program
- (c) Sardar Patel Jayanti (28-10-2021)



(a) Under the Aazadi Amrut Mohotsav Cleaning Camp was organized and 80 students of F.Y.B.Sc Home Science cleaned the campus under the supervision of the NSS program officers Dr. Nidhi Gupta and Ms Trusha Lad followed by a lecture by Dr. Bhavana Chauhan on "Importance of cleanliness and hygiene in day to day life".







(b) The NSS unit of the college also celebrated **Joy of giving activity** on 28.where in the staff and students were ask 15 days in advance to contribute generously the household items and clothes which were not used by them and still laying idle at their home to share it with the supporting staff of the college. We got overwhelming response this time and not only teaching staff but also the students contributed in a large number many unused clothes. Our NSS volunteers packed the contribution into gift packs and were given to our supporting staff with lots of affection.





(c) Sardar Patel Jayanti (28-10-2021): A visit to the sardar memorial was organized in collaboration with Gyandhara for the FY BSc students where they were shown a movie based on the life of Sardar Vallabhbhai Patel and his contribution in India's struggle for freedom.72 students of First year were taken to the sardar memorial by arranging a bus accompanied by five teachers. Altogether it was a memorable experience for the students.







#### 7. Consumer Day celebration (24-30 Dec.-2021)

Consumer week Celebration in collaboration with FRM dept of the college were carried out by staff and 113 students of F.Y, S.Y. & T.Y to disseminate information about being a wise consumer. Number of activities like Digital poster making competition., Best out of waste competition, Folder/leaflet making competition, Quiz, Dumb charades game based on consumer rights and responsibilities like were carried out by staff and students of the department





#### 8. Thalassemia Awareness Programme (28-2-2022)

Thalassemia Awareness program was organized for first year students to make them aware about importance of thalassemia testing. 65 students participated in the awareness program. A documentary film made by Red Cross Society on the causes, effects and testing procedure was shown to the students and discussed with them.







વિદ્યાનગર હોમ સાયન્સ કોલેજમાં થેલેસેમિયા જાગૃતિ કાર્યક્રમ



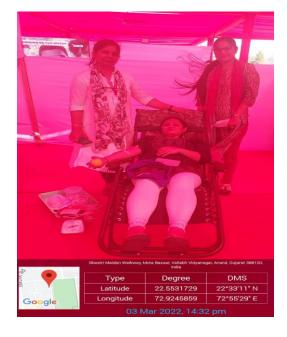
આણંદ,તા.૧૫ ચારૂતર વિદ્યામંડળ સંચાલિત એસ.એમ.પટેલ કોલેજ ઓફ હોમ દ્વારા પ્રિન્સિપાલ ડૉ. ભાવના ચૌહાણના માર્ગદર્શન હેઠળ કોલેજની પ્રથમ વર્ષની જાગૃતિ કાર્યક્રમ આયોજિત કરવામાં હતી.

આવ્યો હતો. જેમાં થેલેસેમિયાનો ટેસ્ટ શા માટે જરૂરી છે તે અંગે એન.એસ.એસ. પ્રોગ્રામ ઓફિસર્સ સાયન્સના એન.એસ.એસ. યુનિટ ડૉ. નિધિ ગુપ્તા, તૃષા લાડ, દ્વારા વિદ્યાર્થીઓને માહિતગાર કરવામાં આવ્યા હતા. સ્ટ્રડન્ટ કમિટીના ઉપપ્રમુખ રણજીત ભગોરાએ વિદ્યાર્થિનીઓ માટે થેલેસેમિયા વિદ્યાર્થિનીઓને પ્રોત્સાહિત કરી

#### 9. Vidyanagar day celebration (03-03-2022)

A day before Vidyanagar Day Cleaning camp was organized in the campus involving 72 NSS volunteers of first year under the guidance of the program officers followed by Rangoli making at the entrance and lighting decoration for the Vidyanagar Day. As the CVM has organized a blood donation camp on 3<sup>rd</sup> of March, 2022 our volunteers also went for blood donation in the camp.





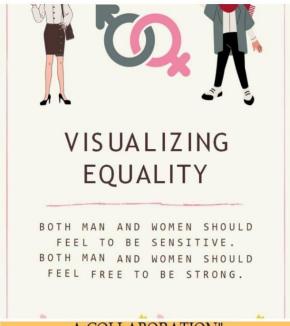


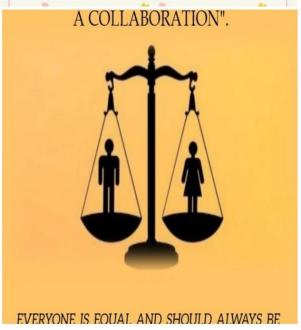
#### 10. Digital Poster making Competition (08-03-2022)

A week before the celebration of international Women's Day digital poster making competition was announced on the topic "Gender Equality". 17 students from F.Y, S. Y and T.Y. participated by sending their digital posters on International Women's Day which were displayed on the college notice board.





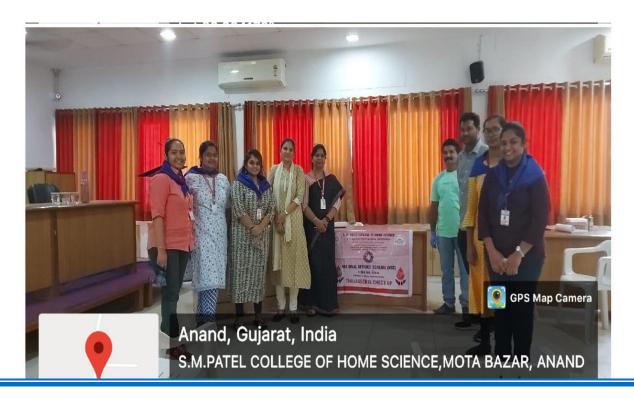




#### 11. Thalassemia Checkup Camp (17-03-2022)

A checkup camp for Thalassemia minor was organizes by the NSS unit of the college by collaborating with Indian Red Cross Society. 50 students gave their samples for checkup. They were also counselled for thalassemia screening and prevention







## વિદ્યાનગર હોમ સાયન્સ કોલેજ થેલેસેમિયા ચેક અપ કેમ્પ



આણંદ,તા.૨૨ ચારૂતર વિદ્યામંડળ સંચાલિત એસ.એમ.પટેલ કોલેજ ઓફ હોમ સાયન્સના એન.એસ.એસ. યુનિટ

રસૂર ઓફ વિદ્યાર્થિનિઓએ લાભ લીધો હતો. કેમ્પમાં કોલેજની સેન્ટ્રલ કમિટી ના પ્રમાખ રણજાત ભગોરા તથા એન્ટ્રલ





ચોહાણના માર્ગદર્શન હેઠળ કોલેજની વિદ્યાર્થિનીઓ માટે થેલેસેમિયા ચેક અપ કેમ્પ ઈન્ડિયન રેડ ક્રોસ સોસાયટી, આણંદના દ્વારા પ્રિન્સિપાલ ડૉ. ભાવના સહયોગથી આયોજિત કરવામાં આવ્યો હતો. જેનો ૫૦ વિદ્યાર્થિનિઓએ લાભ લીધો હતો. પ્રમુખ રણજીત ભગોરા તથા સેન્ટ્રલ કમિટીની વિદ્યાર્થિનીઓનો સહયોગ સાંપડ્યો હતો. કાર્યક્રમનું સંચાલન એન.એસ.એસ. પ્રોગ્રામ ઓફિસર્સ ડૉ. નિધિ ગુપ્તા અને શ્રીમતી તૃષા લાડ દ્વારા કરવામાં આવ્યું હતું.