



**S. M. PATEL COLLEGE OF HOME SCIENCE  
NATIONAL SERVICE SCHEME (NSS)  
ANNUAL REPORT  
2023-2024**

## 1. Awareness Program

14-7-23

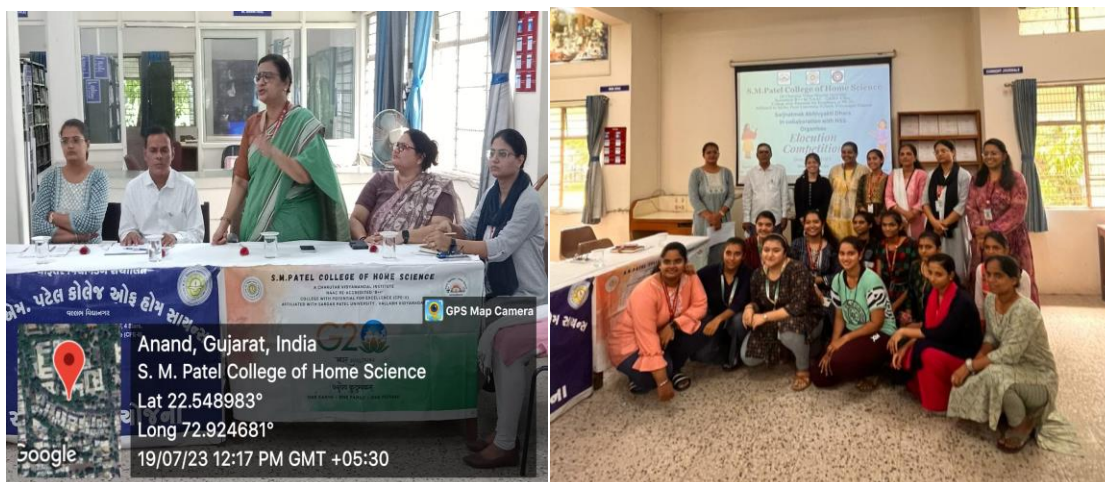
An Awareness Program was held on 14th of July 2023 in the S. M. Patel College of Home Science. The students were actively made aware about 'Blood Donation and Thalassemia Check-up Camp' by the Guest Speaker Ms. Jayana Patel. Students were motivated to Donate Blood and to be a Social Asset for the community. They were also made aware about Thalassemia Check-up and its importance



## 2. Elocution Competition

19-7-23

An Elocution Competition was held on 19th July 2023 by S.M Patel College of Home Science under the guidance of NSS programme officer Dr Vandana Modi. The competition started with a prayer flowered by the floral welcome of Dr. Bhavana Chauhan college principal and competition judges Dr. Poonam Oza and Mr. Ishwarbhai Patel. Students from all the years and all the majors participated. The Winners were given 1st, 2nd and 3rd ranks to Shirin Doi, Varisha Khan and Krishna Mistry respectively. The competition ended with a vote of thanks from Student Debate Incharge Heer Arora.



### 3. Essay-Writing Competition 19-7-23

An Essay-Writing Competition was held on 19th July 2023 in the Home Science College under the Leadership of NSS programme officer Dr. Vandana Modi. The students were motivated to participate and they were enlightened about participating in the competition. The Judges Dr. Tanvi Makwana and Mr. Ranjit Bhagora were welcomed with flowers as a token of gratitude. Students from all the majors and years participated with full enthusiasm. The Winners were given 1st, 2nd and 3rd ranks to Poonam Chauhan, Amreen Diwan and Bhakti Patel respectively.



#### 4. Drawing Competition

19-7-24

A Drawing Competition was held on 19th July 2023 in S.M. Patel College of Home Science by NSS programme officer Dr. Vandana Modi. The Judges of the competition were Dr. Mittal Barot and Ms. Kalpana Srivastava. The Winners were given 1st, 2nd and 3rd ranks to Shiny Gamit, Maitri Prajapati, Maitri Patel respectively. Students from the entire college showed their enthusiasm. All the students from all the Majors and Years excitedly participated.



## 5. Glorious History of India

20-7-23

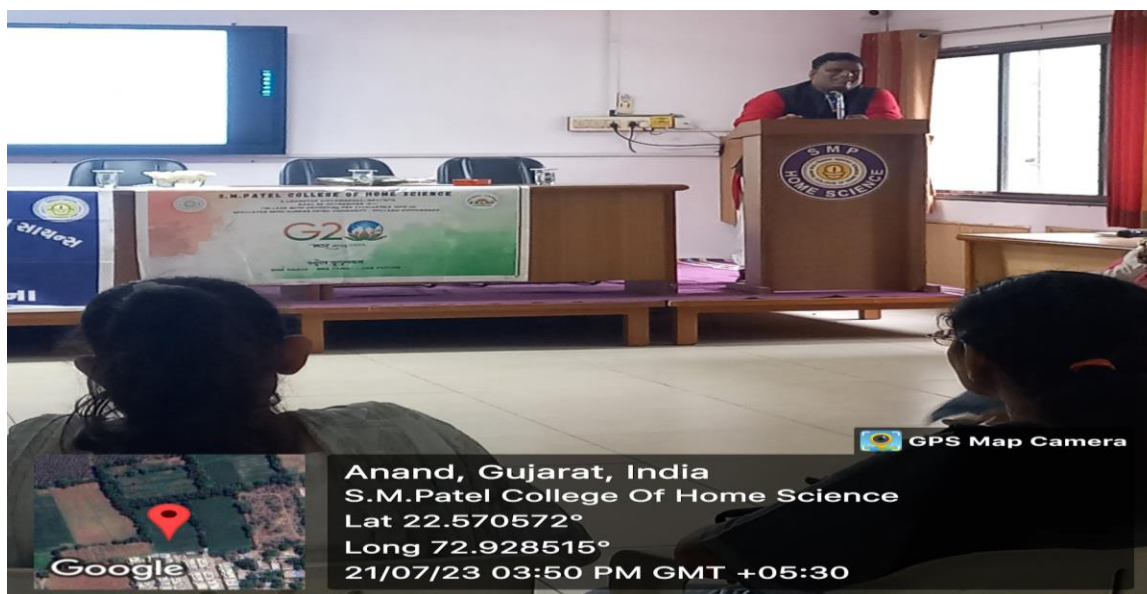
On 20th of July 2023 a seminar was conducted in S.M Patel College of Home Science regarding, "Glorious History of India" under the guidance of NSS programme officer Dr. Vandana Modi. Guest speaker Dr. Manish Sharma was invited. The programme began with the invocation of the Almighty. The College Principal Dr. Bhavana Chauhan welcomed the chief guest with flowers as a token of gratitude. All the students of Second year participated in the session. Dr. Manish Sharma introduced various new theories of history to the students and stated many unknown facts about the history of our country. The students were motivated to be more involved in the Glorious history of our nation. Dr. Manish Sharma helped students understand the importance of the history of India and has thrown lights on various important topics of discussion. The Session ended with a vote of thanks and expression of gratitude.



## 6. “Sustainable Innovation and Practices in Home Science”

21-7-23

On 21st July 2023, a talk was organized on Sustainable Innovation and Practices in Home Science Under the guidance of NSS programme officer Dr. Vandana Modi, innovation Club in charge Dr. Minal Chauhan and Vice President of Central Committee, Dr. Mittal Barot. Chief Guest Dr. Chintan Mahida was invited. All faculty members attended this session.



## 7. Panch Pran Pledge

22-7-23

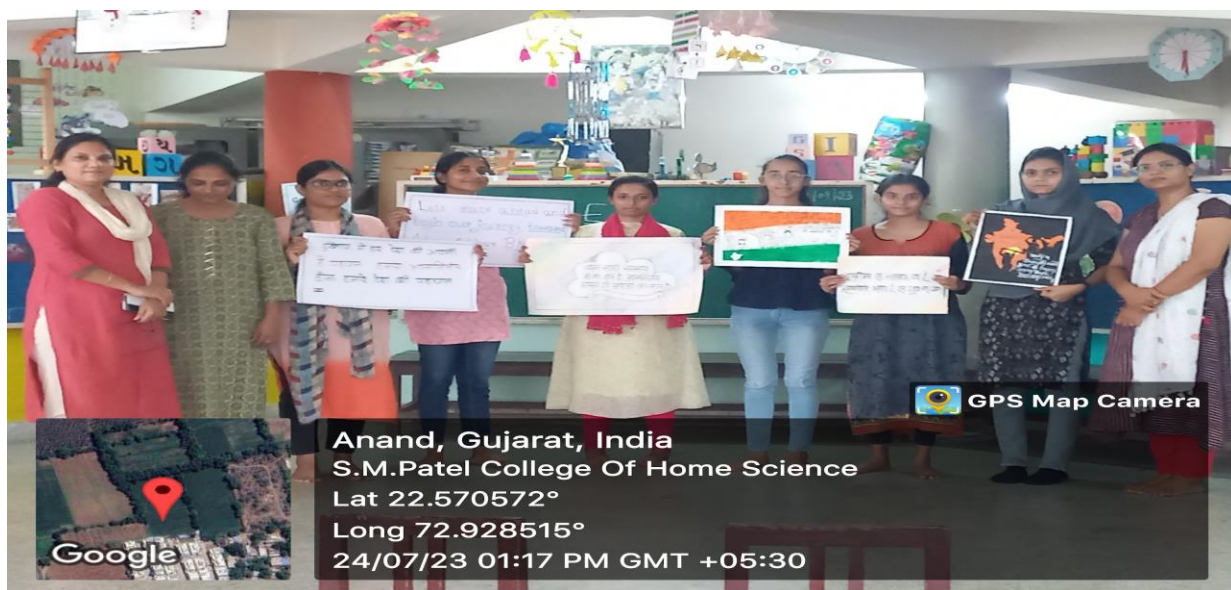
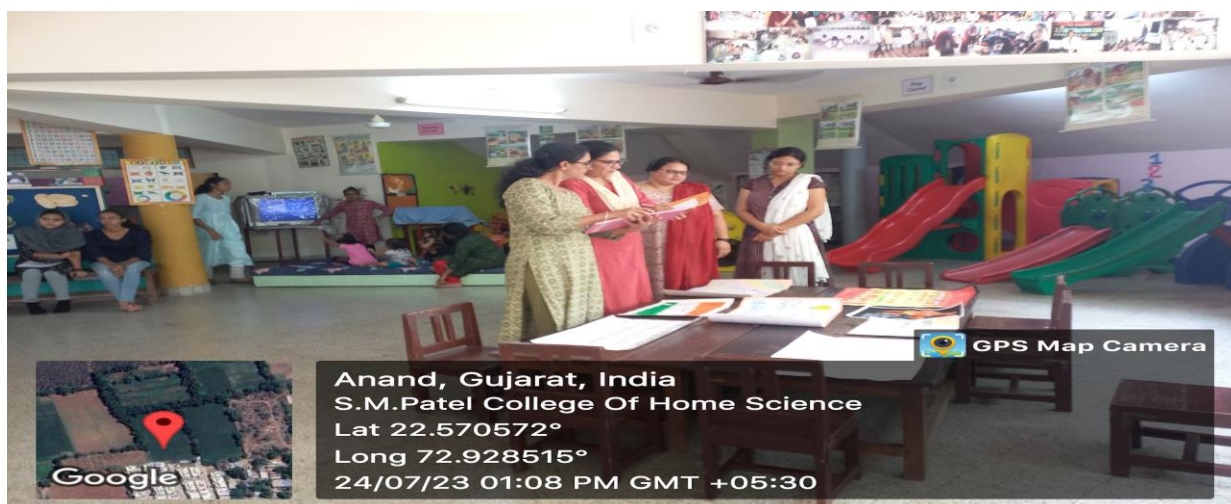
An activity was organized in S. M Patel College of Home Science regarding, "Panch Pran Pledge ". Under the guidance of Principal Dr. Bhavana Chauhan, NSS Programme Officer Dr. Vandana Modi. The Panch Pran Pledge encompasses various important aspects such as women and children empowerment, tribal welfare, water conservation, cultural preservation, environmental sustainability, health and wellness, inclusive development, self-reliant India, and unity. Pledge is a comprehensive initiative that focuses on various important aspects for the betterment of society. It includes empowering women and children, promoting tribal welfare, conserving water resources, preserving cultural heritage, encouraging sustainable lifestyle choices for the environment (LiFE), ensuring health and wellness, fostering inclusive development, promoting self-reliance (Aatmanirbhar Bharat), and fostering unity among people. It's a holistic approach that addresses multiple dimensions of societal progress.



## 8. Slogan competition

24-7-23

A Slogan Competition on Atma-nirbhar Bharat was held on 24th July 2023 in S.M. Patel College of Home Science by NSS programme officer Dr. Vandana Modi. The Judges of the competition were Ms. Trusha Lad and Ms. Tanvi Makwana. The Winners were given 1st, 2nd and 3rd ranks respectively.



## 9. Blood Donation Camp

25-7-2023

Blood Donation and Thalassemia Check-up Camp was organized at the S M Patel College of Home Science Auditorium. The event aimed to raise awareness about blood donation and promote Thalassemia testing. The initiative received tremendous support from various dignitaries and volunteers, resulting in a successful camp. The Blood Donation held on 25th July at S. M. Patel College of Home Science Auditorium was a resounding success. With a collection of 44 units of blood, the camp made a significant impact on promoting awareness and helping those in need. The active participation and support from dignitaries and volunteers were instrumental in the success of the event. The camp not only saved lives but also created a sense of responsibility towards the community's well-being. The Indian Red Cross Society and all the involved stakeholders can take pride in the effectiveness and positive outcome of this event.

The event witnessed a total collection of 44 units of blood, including donations from higher secondary school students. The camp was graced by esteemed guests who played a vital role in the success of the event. Mr. Manishbhai Patel, the Vice President of CVM, Mr. Hemantbhai Vakil, Chairman of Red Cross Society, and Mr. Paresh Thakkar, President of Rotary Club, Mrs. Ashaben Patel was present to lend their support and encouragement. Their presence motivated the attendees to contribute to the cause. The event received substantial support from Mr. Girishbhai and Mr. Gaganbhai. Their involvement played a significant role in the smooth execution of the camp. Their expertise and guidance guided the team throughout the event. Additionally, Dr. Bhavana Chauhan, the Principal of S M Patel College of Home Science, Mrs. Ashaben, the Principal of Higher Secondary Home Science School, Dr. Mittal Barot, the Vice President of the Central Committee in the college, and Dr. Vandana Modi, the NSS Program Officer along with the NCC CTO, Dr. Poonam Oza also actively participated in the camp. During the event, Mr. Manishbhai Patel, Mr. Pareshbhai Thakkar and Mr. Hemantbhai Vakil delivered motivational speeches to encourage and inspire potential donors. They emphasized the importance of blood donation and Thalassemia testing, highlighting the impact it can have on saving lives. Their words resonated with the attendees, spurring them to step forward and contribute.





## 10. Thalassemia Screening Camp

**25-7-2023 and 09-08-2023**

Thalassemia Check-Up Camp held on 25<sup>th</sup> July and 9<sup>th</sup> August at S. M. Patel College of Home Science was a resounding success. With a Thalassemia testing for 99 students, the camp made a significant impact on promoting awareness and screening. The active participation and support from dignitaries and volunteers were instrumental in the success of the event. Mr. Manishbhai Patel, the Vice President of CVM, Mr. Hemantbhai Vakil, Chairman of Indian Red Cross Society, Mr. Paresh Thakkar, and President of Rotary Club, Mr. Jayantibhai from Indian Red Cross Society were invited for the program effectiveness and positive outcome. 99 students of F.Y. BSc. underwent Thalassemia testing, which was an essential part of the camp. The overall response and participation were commendable, reflecting the importance of such initiatives. The whole program was organized by NSS Program Officer, Dr. Vandana Modi under guidance of Dr. Bhavana Chauhan, Principal of the college.

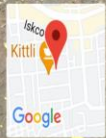


## 11. Tree Plantation

**26-07-23 and 28-07-2023**

An activity was conducted in S. M Patel College of Home Science regarding, "Tree Plantation" under the guidance of Principal Dr. Bhavana Chauhan , NSS programme officer Dr. Vandana Modi and Vice President of Central Committee Dr. Mittal Barot. Prof. Rotary club members Mrs. Nita Jethwa, Mrs. Tejal Thakkar, Mrs. Jagritiben, Mrs. Amiben, Mrs. Jyotiben, and Mrs. Bhargavi has donated Amrit Vatika (Herbal and Medicinal plants and trees) to our college. It was in collaboration with the Eco-Club.

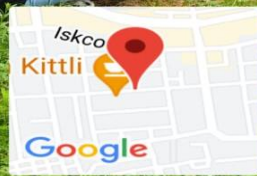




Anand, Gujarat, India  
GWWF+MXH, Mota Bazaar Rd, next to garam ketli, Vallabh Vidyanagar, Anand, Gujarat 388120, India  
Lat 22.546907°  
Long 72.924974°  
28/07/23 01:45 PM



Anand, Gujarat, India  
GWWF+MXH, Mota Bazaar Rd, next to garam ketli, Vallabh Vidyanagar, Anand, Gujarat 388120, India  
Lat 22.546907°  
Long 72.924974°  
28/07/23 01:36 PM



Anand, Gujarat, India  
GWWF+MXH, Mota Bazaar Rd, next to garam ketli, Vallabh Vidyanagar, Anand, Gujarat 388120, India  
Lat 22.546907°  
Long 72.924974°  
28/07/23 01:26 PM

## 12. Inter-Class Volleyball Tournament

28-7-23

An event was conducted in S. M Patel College of Home Science regarding "Inter-Class Volleyball Competition " which was a collaboration with the Sports department on occasion of National Sports Day under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer Dr. Vandana Modi, Ranjit Bhagora sir and our Vice President of Central Committee Dr. Mittal Barot. The competition started with floral welcome of Dr. Bhavana Chauhan, college principal. Major Wise 4 teams participated. The winning team was FN, first runner up HD and second runner up TC. The competition ended with a vote of thanks by Sports department Student In charge Gayatri Dave.



## 13. Honoring DYSP and Police Officers

10-08-23

An activity was conducted in S. M Patel College of Home Science regarding, "Tree Plantation" Under the guidance of Principal Dr. Bhavana Chauhan , NSS programme officer Dr. Vandana Modi and our Vice President of Central Committee Dr. Mittal Barot. Students got chance to meet Deputy Superintendent of Police (DYSP) of Anand and other police officers can focus on acknowledging their dedication, bravery, and commitment to ensuring the safety and well-being of the community. Highlighting the importance of recognizing their efforts and the positive impact they have on society. Additionally, he shared stories and gave acknowledgement about current situation. Along with his experience and under his guidance so many culprits were caught.



## 14. A Talk on Patriotism by Valorous India

11-08-2023

A seminar was conducted in S. M Patel College of Home Science regarding, "A talk on patriotism by valorous Indians." Under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi and our Vice President of Central Committee Dr. Mittal Barot. Prof. Chintan Patel was invited as the chief guest. The programme began with the Lord's Prayer. The NSS Program Officer Dr. Vandana modi welcomed the chief guest with flowers. Session was started with a small game. Which made us realize that students only know about reel life heroes rather than what is happening in the reality about the real heroes. He also gave us acknowledgement on 5D how it is important. DEDICATION, DARE, DREAM, DETERMINATION, DO with its application in life. At last the session ended with a vote of thanks which was delivered by Reetu Suthar, NSS student in-charge.



## 15. Road Safety

21-08-2023

A seminar was conducted in S. M Patel College of Home Science on "Road Safety" under the guidance of Principal Dr Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi and Vice President of Central Committee Dr. Mittal Barot. Mr. N.K. Solanki and Mr. Ankit Patel were invited as the guest speaker. The programme began with the Lord's Prayer. The NSS Program Officer Dr. Vandana Modi welcomed the chief guest with flowers. Mr. N.K. Solanki gave knowledge about road safety with the help of some real life accident video, to aware us. Along with the importance of road safety and 5E. The workshop was ended with vote of thanks which delivered by Pooja Meda NSS student incharge.



## 16. Inter Class Tug of War

29-08-2023

An event was conducted in S. M Patel College of Home Science regarding "Inter Class Tug Of War Competition " which was a collaboration with the Sports department on occasion of "National Sports Day" Under the guidance of Principal Dr. Bhavana Chauhan , NSS programme officer Dr. Vandana Modi, Ranjit Bhagora sir and our Vice President of Central Committee Dr. Mittal Barot. The competition started with floral welcome of Dr. Bhavana Chauhan, college principal. Major-wise 4 teams participated. The winning team was FRM, first runner up FN and second runner up HD. The competition ended with a vote of thanks by Sports department Student Incharge, Gayatri Dave.



## 17. Awareness for Voter Id Registration

04-09-2023

An Awareness and registration was conducted in S. M Patel College of Home Science on, "Awareness for Voter ID registration" Under the guidance of Principal Dr. Bhavana Chauhan and NSS programme officer Dr. Vandana Modi. In program she aware us about the online voters ID registration. And after that, gave guidance for online voters ID registration.



## 18. Career Guidance

21-09 2023

A seminar was conducted in S. M Patel College of Home Science regarding, "Career Guidance". Under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi. The NSS Program Officer, Dr. Vandana modi and Dr. Poonam Oza welcomed the guest. Two young working women Avdhi Jha and Divya Haria, inspired us to be Independent in small age. They themselves are independent since 6 years. Session was started with a small game along with lifestyle base questions, which somehow every girl can relate. By which they made us realize, it is important to be Independent and different from others. The main focus of them was self-empowerment, acknowledgement of hidden skills.



## 19. Stop Child Sexual Abuse POCSO Act 2012

23-09- 2023

A seminar was conducted in S. M Patel College of Home Science regarding, "Stop Child Sexual Abuse POCSO Act 2012". Under the guidance of the Principal, Dr. Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi. Online session was arranged by The Rakshin Project in which host was Ms. Rupali Fule and Speaker Paavni Sharma. She explained the importance of POCSO Act 2012, why it is important. How it becomes effective along with asking questions related to that. She acknowledged how it's happening through sharing videos and stories. The main aim of the Rakshin Project, emphasized the significance of protecting children's rights and raising awareness to combat this offense. These seminar play a crucial role in promoting awareness about child sexual abuse and actively working towards preventing such crimes. Total 93 participants had joined an online programme in which faculty members and students of F.Y., S.Y., and T.Y. were present.



## 20. Gujarat State NSS Day Celebration

24-09-2023

Gujarat State NSS Day was celebrated where two students of F.Y. B.Sc. had participated for Garba in the celebration of Gujarat State National Service Scheme Day of the year 2023 organized by NSS Cell of Sardar Patel University and sponsored by the State NSS Cell, Department of Higher Education Government of Gujarat. NSS Program officer, Dr. Vandana Modi motivated students under the guidance of Dr. Bhavana Chauhan, Principal of S.M. Patel College of Home Science.



## 21. One Day NSS Camp

27-09-2023

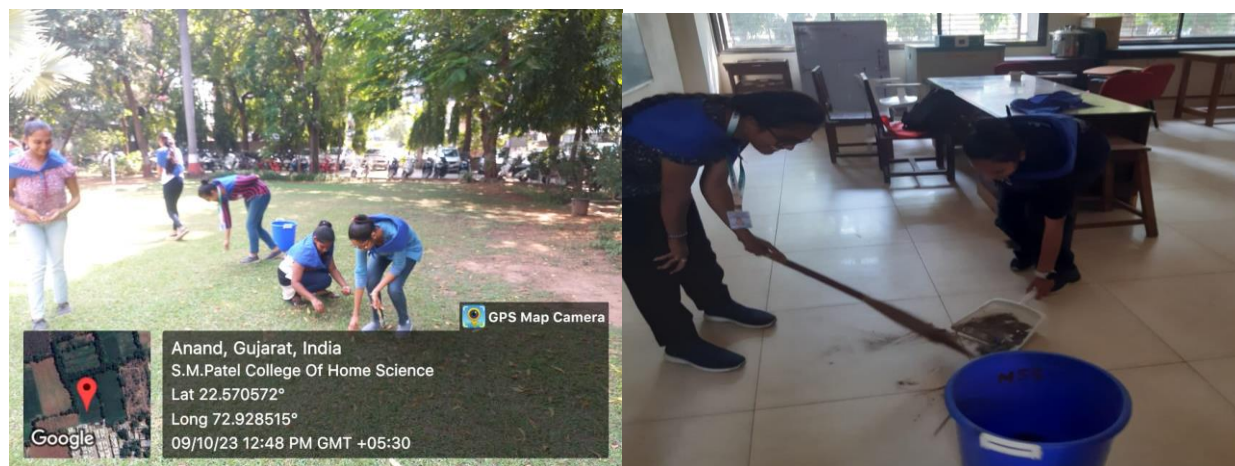
A one day camp was organized by NSS at SM Patel College of Home Science. The program was organized under the mentorship of I/C Principal of the college, Dr. Nidhi Gupta under the inspirational guidance of Program Officer of NSS Department, Dr. Vandana Modi motivated students about the cleanliness and hygiene and under her supervision the college campus was cleaned and then the students were given breakfast. With the cooperation of Dr. Vandana Modi, the students gave information about the objective of the one-day camp and the cleanliness activities. Then the students made the best items from the waste items. 45 volunteers participated in this program. Vice President Dr. Mittal Barot and NSS student in-charge Pooja Meda and Reetu Suthar contributed and supported.



## 22. Cleaning Activity

09-10-2023

Cleaning of labs, outdoor area campus was done at S. M. Patel College of Home Science for the celebration of Sharad-Utsav where NSS program officer motivated NSS volunteers under the guidance of Principal, Dr. Bhavana Chauhan. Students were divided into groups for cleaning different areas of campus. Total 42 students have participated in the cleaning activity.



## 23. Swachhata Hi Sewa

26-10-2023

An activity was organized in S. M Patel College of Home Science regarding, "Cleanliness awareness activities in campus and community " under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi. Cleanliness is an essential aspect of maintaining a healthy environment, and it plays a significant role in ensuring the well-being of individuals and communities.

In recent times, there has been a growing concern about the need for cleanliness campaigns in different parts of the world. NSS Volunteers cleaned the whole campus, removing litter and waste materials. The activities carried out during the campus, and the positive impact it had on the campus. The programs aimed to educate people on proper waste disposal practices, such as recycling and composting.

NSS Volunteers worked actively to clean up the campus. In conclusion, the cleanliness activity had a significant impact on the location. It not only improved the health and well-being of the residents but also contributed to the overall cleanliness of the environment. It is essential to conduct such activities regularly to maintain a clean and healthy environment for ourselves and future generations.



## 24. Pledge Taking

**30-10-2023**

Pledge was taken by students of S M Patel college of Home Science on the account of National Unity Day for the Sardar Vallabhbhai Patel Jayanti where forty five students had participated in the activity. The pledge done under the motivational words of Dr. Vandana Modi, NSS Program Officer and guidance by Dr. Bhavana Chauhan, Principal of the College.



## 25. Joy of Giving Activity

### 30-10-2023

The Joy of Giving activity was done by donating unused items and goods into the box kept in the college campus. This activity was done under guidance of Dr. Bhavana Chauhan, Principal of the college and NSS Program Officer, Dr. Vandana Modi.



## 26. NSS Annual Camp

### 1-02-24 to 07-02-2024

NSS Camp was organized at N.L. Patel Secondary and Higher secondary school in Sihol village. Different kinds of activities were performed over there for students and villagers. Cleaning activities and eye checkup camp, Games, rajgara seeds plantation competition such as Aarti thali, Mehndi etc. role play, consumer awareness, cleaning, donation of materials were also done.



## 27. Workshop

11-1-24

Workshop was arranged in the chemistry department auditorium "Rashtriya Yuva Mahotsav" in University on 11-1-24 and 12-1-24. Under the guidance of NSS Coordinator Dr. Jagruti Suvera, NSS programme officer, Dr. Vandana Modi. Two days' workshop based on Swami Vivekananda's lifestyle, students learned a lot from both days, 5 NSS Volunteers went to attend the workshop.

Day1 was started with Yoga Session and moving further, various awareness program about birds and forest by Mr. Raju Bhatti Sir and along with a short film was shown based on Swami Vivekananda's life and a quiz was also taken on the based on that short film. Day 1 was ended with mental health session. Day 2 involve different session based on current topics, they made us play games to keep engaged in the session. Day 2 ended with a feedback session.



## 28. Gujarat Sanskritik Elocution Competition

13-01-2024

An Elocution Competition was held on 13th July 2024 by S.M Patel College of Home Science under the guidance of NSS programme officer Dr Vandana Modi. The competition started with a prayer and was flowered by the floral welcome of Dr. Bhavana Chauhan, college principal and competition judge Dr. Ankita Dholanya. Students from all the years and all the majors participated. The Winners were given 1st, 2nd and 3rd ranks to Varisha Khan, Fatima Malek, Rashmika Thakor respectively. The competition ended with a vote of thanks from Shriya Shah.



### **29. Shri Arvind Darshan, Adhyayan Shibir, Pondicherry**

**24-01-2024**

Shri Arvind Darshan Adhyayan Shibir at Pondicherry is organised by Sardar Patel University where out of five, two students got selected named Ms. Swara Joshi and Ms. Shriya Shah of F.Y. B.Sc. students. This was done under guidance of Principal, Dr. Bhavana Chauhan and students were prepared for the interview under NSS Program Officer, Dr. Vandana Modi.

### **30. Rastriya Matdata Diwas**

**25-01-2024**

Program was organized in BVM Auditorium, regarding celebration of "Rashtriya Matdata Diwas" under the guidance of Principal Dr. Bhavana Chauhan and NSS programme officer, Dr. Vandana Modi. Students of F.Y. BSc. attended this program. All citizens should be aware about their voting rights and they should properly exercise the rights of being a responsible voter to choose the perfect representatives who could lead the Government. All citizens should realize the importance of voting and they also should encourage all eligible voters to register and vote.



### **31. Training Workshop: Aaryan Udhyan, Gandhinagar**

**07-02-24 to 08-02-2024**

Campaign was organized for two days by GEER Foundation. Under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi. On Day 1, the First Session was about the surrounding atmosphere and problems facing in today's modern era. After having a healthy lunch, visited Butterfly Park where saw various types of butterflies and their species. Students also got to know about butterflies' history and how their species grew. Thereafter, they showed different types of farming. Also, they showed how they grow their vegetables, cereals, pulses and fruits.

Next Session was about organic farming, what products should be using organic farming and why organic farming should be done and in which way and why it is important to be involved in that session even though they showed us some vegetables and food of the organic farming. After having dinner campfire activity was arranged in which colleges present over there did different activities. On Day 2 in the morning students went to Ahmedabad "Thol"- Bird sanctuary. Students saw

different varieties or species of the birds, which was the most amazing experience of all of us. In the noon feedback session was that and after that the last destination was Indroda Park.



### **32. Cleaning campus**

**14-2-24**

An activity was organized in S. M Patel College of Home Science regarding, "Cleaning campus " under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer Dr. Vandana Modi. Cleanliness is an essential aspect of maintaining a healthy environment, and it plays a significant role in ensuring the well-being of individuals and communities. In recent times, there has been a growing concern about the need for cleanliness campaigns in different parts of the world. NSS Volunteers cleaned the whole campus, removing litter and waste materials. The activities carried out during the campus, and the positive impact it had on the campus.

Clean Campus promotes Hygiene, It improves hygiene level in campus and also helps to reduce the spread of sickness, maintaining a clean college environment sets a good example to students. Cleanliness encourages learners to take pride in their college, which makes them less likely to drop litter and as such they will potentially make a bigger effort to maintain their environment. Cleanliness gives rise to a good character by keeping body, mind, and soul clean and peaceful. Maintaining cleanliness is the essential part of healthy living because it is the cleanliness only which helps to improve our personality by keeping clean externally and internally.



### 33. CPR and First Aid Training

**19-2-24**

A session was arranged in S. M Patel College of Home Science regarding, "CPR and First Aid training." Under the guidance of Principal Dr. Bhavana Chauhan, NSS programme officer, Dr. Vandana Modi and our Vice President of Central Committee Dr. Mittal Barot. The programme began with the Lord's Prayer. The NSS Program Officer Dr. Vandana Modi welcomed Miss Bhavini Patel, the chief guest with flowers.

Ms. Bhavini Patel gave acknowledgement about the possible situation that can happen and what can be done or which type of treatment should be given by using DOCTOR ABC where D stands for DANGER, A stands for AIRWAY, B stands for BREATHING, C stands for CPR. CPR means "Cardiopulmonary Resuscitation" is a crucial life-saving treatment that can mean the difference between life and death. No matter your experience or level of medical understanding, learning CPR is easy, simple, and anybody can do it to save a life in an emergency. The moment she taught us after that so many of the students went there for CPR practical on a dummy. At last the session was ended with vote of thanks which delivered by Siddhi Shah.



### 34. International Mother Language Day Celebration

21-2-2024

On the occasion of International mother language day, Poster Competition was held on 21th February 2024 in the Home Science College under the Leadership of NSS programme officer Dr. Vandana Modi. The students were motivated to participate and they were enlightened about participating in the competition.

The Judges were welcomed with flowers as a token of gratitude. Students from all the majors and all the years participated with full enthusiasm. The Winners were given 1st, 2nd and 3rd ranks to Varisha Khan, Binal Panchal and Arpita Machhi respectively.

