

S.M. PATEL COLLEGE OF HOME SCIENCE

(AN AUTONOMOUS INSTITUTE AFFILIATED WITH SARDAR PATEL UNIVERSITY)

VALLABH VIDYA NAGAR

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

TERM PLANNING FOR 2024-25

FIRST TERM

JUNE – 2024

- YOGA TRAINING
- 21ST JUNE INTERNATIONAL YOGA DAY CELEBRATION

JULY – 2024

- GUEST LECTURE : CAREER IN SPORTS FIELD
- SELF DEFENCE TRAINING

AUGUST – 2024

- **INTER DEPARTMENT COMPETITION**
 - @ TABLE TENIS
 - @ YOGA
 - @ CHESS
 - @ BADMINTON
- 15TH AUGUST CELEBRATION
 - @ CARROM
 - @ VOLLEY BALL
- CELEBRATE NATIONAL SPORTS DAY
- **INTERCOLLEGIATE TOURNAMENT (SPU)**

SEPTEMBER – 2024

- **INTER DEPARTMENT COMPETITION**
 - @ KABADDI
 - @ KHO KHO
- INTER COLLEGIATE TOURNAMENT (SPU)**

OCTOMBER – 2024

- **INTER DEPARTMENT COMPETITION**
 - @ TOUGH OF WAR
 - @ RECREATION GAMES
- **INTER COLLEGIATE TOURNAMENT (SPU)**
- **WEST ZONE INTER UNIVERSITY TOURNAMENT (WEST ZONE)**

SECOND TERM PLANNING

DECEMBER – 2024

- INTER CLASS CRICKET
- FIELD VISIT (SAG SPORTS COMPLEX,NADIAD)
- INTER COLLEGIATE TOURNAMENT (SPU)
- WEST ZONE INTER UNIVERSITY TOURNAMENT (WEST ZONE)

JANUARY – 2025

- SPORTS DAY
- PISTOL & RIFLE SHOOTING ACADEMY VISIT
(ANAND DISTRICT PISTOL & RIFLE SHOOTING ASSOCIATION)
(LAJJA SHOOTING ACADEMY)
- INTER COLLEGIATE TOURNAMENT (SPU)
- WEST ZONE INTER UNIVERSITY TOURNAMENT (WEST ZONE)

FEBRUARY - 2025

- LECTURE: IMPORTANCE OF SPORTS IN OUR LIFE

FACULTY INCHARGE: - MR. RANJIT D BHAGORA

STUDENT INCHARGE: - MS. RADHA VAGHELA (T.Y.BSc. -HD)



Bhaskar

S. M. PATEL COLLEGE OF HOME SCIENCE (AUTONOMUS) V.V NAGAR
SPORTS CLUB
ACTIVITY PLANING - 2024-2025

SR. NO	EVENT	DATE	DAY	TIME	VENUE
1	YOGA TRAINING WORKSHOP	18/06/2024 TO 20/06/2024	TUESDAY TO THURSDAY	08.30 AM. TO 10:30 AM.	ONLINE MODE
2	CELEBRATE INTERNATIONAL YOGA DAY	21/06/2024	FRIDAY	08:00 AM TO 09:30 AM	IN FRONT OF COLLEGE STAGE
3	SELF DEFENCE TRAINING	29/07/2024 TO 31/07/2024	MONDAY TO WEDNESDAY	09:30 AM. TO 10:30 AM	COLLEGE GROUND & AUDITORIUM
4	TABLE TENNIS	01/08/2024	THURSDAY	10.30 AM.	INDOOR SPORTS ROOM,SMP COLLEGE, NEAR COLLEGE CANTEEN
5	CHESS	02/08/2024	FRIDAY	10.30 AM.	INDOOR SPORTS ROOM,SMP COLLEGE, NEAR COLLEGE CANTEEN
6	YOGA	03/08/2024	SATURDAY	08.30 AM.	INDOOR SPORTS ROOM,SMP COLLEGE, NEAR COLLEGE CANTEEN
7	BADMINTON	10/08/2024	SATURDAY	08.30 AM.	H.M.PATEL BADMINTON HALL, NEAR SHASTRI MAIDAN
8	INDEPENDENCE DAY CELEBRATION	15/08/2024	THURSDAY	07.00 AM	IN FRONT OF COLLEGE STAGE
9	CARROM	27/08/2024	TUESDAY	10.30 AM.	INDOOR SPORTS ROOM,SMP COLLEGE, NEAR COLLEGE CANTEEN
10	VOLLEY BALL	28/08/2024	WEDNESDAY	10.30 AM	COLLEGE GROUND
11	CELEBRATE NATIONAL SPORTS DAY	29/08/2024	THURSDAY	10.30 AM	IN FRONT OF COLLEGE STAGE
12	KABADDI	09/09/2024	MONDAY	10.30 AM.	COLLEGE GROUND
13	KHO KHO	17/09/2024	TUESDAY	10.30 AM.	COLLEGE GROUND
14	TUG OF WAR	07/10/2024	MONDAY	10.30 AM.	COLLEGE GROUND
15	RECREATION GAMES	15/10/2024	TUESDAY	10.30 AM	COLLEGE GROUND
16	CRICKET	DECEMBER	SATURDAY	08.00 AM	SHASTRI MAIDAN
17	SPORTS DAY	11/01/2025	SATURDAY	07.30 AM	SHASTRI MAIDAN

NOTE: - પરીક્ષા કે બીજા કોઈ કાર્યક્રમ ને કારણે તારીખ અને સમર માાં ફેરફાર થઈ શકે છે.

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