# S.M.PATEL COLLEGE OF HOME SCIENCE

**WOMEN CELL(2022-23)** 

Chairman- Dr.Bhavana Chauhan

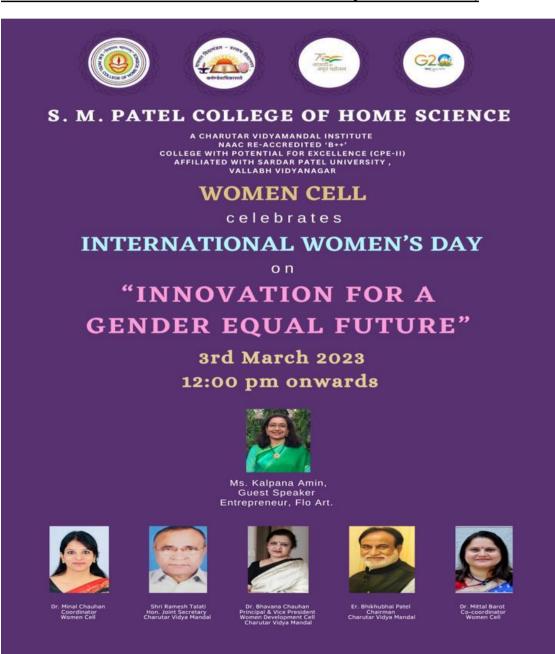
Convenor- Dr.Minal Chauhan

Co-convenor- Dr.Mittal Barot

Member- Ms.Hiral Patel

### **Activities under Women Cell**

## A TALK ON "INNOVATION FOR A GENDER EQUAL FUTURE",



As rightly said "Women hold up half the sky". In fact, it would be true to say that it is with their support that men hold up the other half.

The college celebrated International Women's Week celebration attempts to spread awareness regarding the role of women in society, creating and enjoying happy relationships, self-knowledge, forming a positive self-image, and leadership development. To value her contribution, to recognize her talents and to offer opportunities to maximize her potential a seminar was organized as a part of this celebration.

The celebration commenced with a warm welcome extended by Dr. Bhavana Chauhan, who also had the honor of felicitating the esteemed speaker, Ms. Kalpana Sharad Amin, with a floral tribute and highlighted the aim of the event to inspire and empower participants.

Dr. Minal Chauhan, Coordinator, introduced the esteemed speaker and ensuring a smooth flow throughout the celebration.

Dr. Mittal Barot, the Co-Coordinator, anchored the event efficiently.

Ms. Kalpana Sharad Amin delivered a thought-provoking speech on promoting "INNOVATION FOR A GENDER EQUAL FUTURE", captivating the audience with her insights and experiences. As the Proprietor and Owner of Flo Art, she shared valuable lessons and strategies for fostering innovation that promotes gender equality. Her expertise and passion served as a source of inspiration for all participants.

Student Incharge, Ms Harshini Panchal proposed a heartfelt vote of thanks.

The event served as a platform for inspiring and empowering participants, fostering innovation for gender equality, and highlighting the importance of celebrating women's achievements.

67 third-year students attended the seminar. The program was ended by National Anthem.







### MOVIE SHOW ON WOMEN EMPOWERMENT

The Women Cell, in collaboration with the Department of Human Development, organized a movie presentation aimed at encouraging and inspiring young women. The event sought to shed light on the challenges faced by women in everyday life and spark meaningful discussions. Dr. Mittal Barot provided a summary of the film and facilitated a discussion on real-life stories, while Ms. Alpa Sapariya and Ms. Mital Roy assisted with the program. Dr. Bhavana Chauhan, the Principal, motivated students and emphasized the importance of women empowerment. Total 31 S.Y. and T.Y. Human Development students were get benefited by the same.

The movie showcased was based on the true story of Kiranjit Ahluwalia, a Punjabi woman who relocated to London after her marriage. The film portrayed the harsh realities Kiranjit faced during her ten-year-long abusive relationship with her husband. She endured physical, verbal, and sexual abuse, as well as spousal rape. Additionally, her husband engaged in multiple relationships with other women, further exacerbating her suffering. After ten years and two children, consumed by fear, Kiranjit took a drastic step by setting her husband on fire while he was sleeping. The movie explored her inner turmoil and belief that she had committed an unforgivable crime.

This interactive session enabled a deeper understanding of the challenges faced by women in various circumstances and emphasized the need for collective efforts to bring about change.





### SEMINAR ON WOMEN EMPOWERMENT

A seminar on "Women Empowerment through Personal Traits" was organized by SSIP Cell and BBIT College on 1st March 2023. The seminar aimed to inspire and educate students about the importance of women's empowerment, focusing on personal traits that contribute to individual growth and success. The event featured a renowned guest speaker, Dr. Meghana Joshi, who shared her expertise and insights on the subject.

The seminar would provide a platform for students to learn about successful women leaders, their achievements, and the challenges they overcame. They gained insights into the personal traits that can contribute to their personal and professional growth.

Total 19 students attend this seminar along with the coordinator Dr Minal Chauhan and Cocoordinator Dr Mittal Barot actively and enthusiastically.



