

Foods and Nutrition Department

DEPARTMENTAL REPORT

2023-2024



Foods and Nutrition Department

Nutritional counseling for school children (05/08/23)

Nutrition counseling was done for 100 school students of V.C. Patel High School on the topic “Importance of healthy eating habits”. In which Dr. Minal Chauhan was a convener and she explained the importance of eating good foods and the disadvantages of packaged foods.



World Breast feeding week Celebrations at Anganwadi Training Centre Sihol (07/08/23)

The Foods and Nutrition department of S.M. Patel College of Home Science organized a demonstration of lactogouges rich recipe, prepared by students of the department and anganwadi workers for the beneficiaries of the anganwadi helpers. They explained the importance of the lactogouges and millets. The students also aware them about milk bank and how women can be a part of milk bank and how it functions. The program was successfully completed under the convenership of Ms. Shazia Sharama.



Foods and Nutrition Department

Interaction with school students with talk on importance of Nutrition: (25/08/2023)

Interaction was done with the girl students of Shilli High School students. In which Dr. Tanvi Makwana delivered a talk on “Importance of Nutrition during adolescent age” and under her convener ship the students of third year Foods and Nutrition department conducted various activities like quiz, games etc. with the school girls regarding nutritional awareness.



Nutritional assessment of B&B Polytechnic Faculty and administrative staff as a part of MOU: (25/04/ 2024)

The Department of Foods and Nutrition did an MOU with B &B Polytechnic, Vallabh Vidyanagar under which the department organized body composition analysis using BCA machine for the faculties of BBIT and more than 90 employees took part in this health drive. Where Dr. Minal Chauhan, Dr. Tanvi Makwana, Ms Vijaya Agarwal, Ms Bijal KaPatel supervised and counselled the whole staff and explained the relevance of data generated. The convener of the programme was Ms Shazia Sharma.

25/4/24

LIST OF BCA OF POLYTECHNIC STAFF FROM 25th APRIL 2023 ONWARDS

Sr. Number	Name of the Staff Member	E-mail Address	Gender M/F	Age (yr)	Phone number
1.	Dipa Sunayakant Patil	dipa_sunayakant@bbs.co.in	F	47	9426354666
2.	Swati Keyan Surman	swati_surman@bbs.co.in	F	36	9537169234
3.	Neha Komlesh Raut	raut.neha.09@gmail.com	F	52	9737070159
4.	Lata A. Bhavnani	lata.bhavnani@bbs.co.in	F	37	9425070424



Foods and Nutrition Department

The wellness Trilogy at B &B Institute of Technology-Individual Counseling of BCA results: (04/09/2024)

The Health drive by body composition analysis was followed by health counseling by Ms. Vijaya Agarwal.



Lecture on Millets: (09/11/2024)

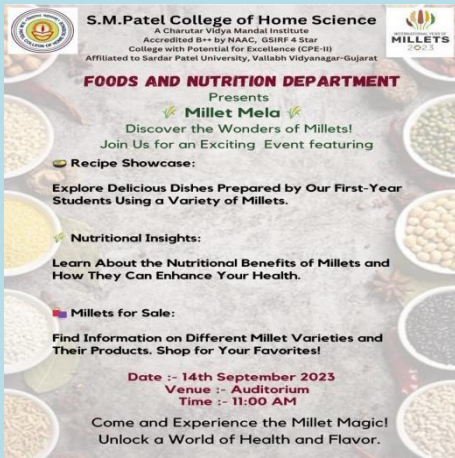
Ms. Nupur Mehta Ph.D. student of S.M. Patel college of Home Science was invited by District education and training Centre on the occasion of science fair to speak on importance of Millets at Valasan and on this occasion she also distributed the leaflet prepared by the Foods and Nutrition department on Millets and its importance.



Millet Mela Recipe showcase: (14/09/2023)

On as a part of International year of millets the foods and nutrition department organized awareness programme on Millets in which the first year students under the guidance of Ms. Nupur Mehta prepared recipe enriched with different kinds of Millets and the second year students also explained the nutritional importance of different millets apart from this the college invited a vendor who specializes in products of millets and organic foods including oils, one alumni Ms. Hima Patel also kept her stall for the sale of Bio enzymes.

Foods and Nutrition Department



A talk on Nutrition Awareness for Children in association with Home for Boys: (23/09/2023)

The Foods and Nutrition department organized a talk on awareness on nutrition for 20 boys from Home for boys in which Dr. Bhavana Chauhan explained to them the importance of nutrition and had an interactive session with them. Dr. Minal Chauhan was convener of the program and all departmental members also work for the same.



Foods and Nutrition Department

Millet Mela in association with Tribhuvan das foundation: (03/11/2023)

The Foods and Nutrition Department of S.M. Patel college of Home Science in association with Tribhuvan das foundation attended millet mela and put up a stall in which nutritional awareness regarding different millets was given to general public and leaflet with information of millets was given to the general public was given. Ms. Shazia Sharma was the convener of the program and Dr. Tanvi Makwana and Dr. Minal Chauhan also counselled the general public and spread awareness on millets at Tribhuvan das foundation campus.



Activity in Open House at S.M. Patel college of Home science (22/11/2023 to 23/12/2023)

The S.M. Patel college of Home science organized open house on 22/11/2023 to 23/12/2023 for the students, parents and general public of Vallabh Vidyanagar in which the Foods and Nutrition department arranged a stall by SYFN students where they made pickles and Upma mix which sold to the general public under the convenership of Dr. Tanvi Makwana, which had overwhelming response. The third year students did body composition analysis at discounted rate with general public and members of Inner wheel club also joined and got their BCA done. The activity was conducted under the able guidance of Ms. Shazia Sharma and all departmental faculties perform their duty for the same.



Foods and Nutrition Department

Demonstration of recipes at Sihol village: (02/01/2024)

The first year students of Foods and Nutrition department demonstrated recipes rich in millets to the school children of Sihol village as a part of NSS activity



Consultation programme with Gram Vikas Trust, Bharuch to train Anganwadi workers and helpers of Ankleshwar and Bharuch District in the field of Nutrition and Health and Hygiene: (08/01/2024 and 09/01/2024)

In association with Gram Vikas Trust Bharuch as a part of GVT-Asian Paints Health & Nutrition CSR Programme-Two days training Programme was organized for anganwadi workers and supervisors in which the faculties of Foods and Nutrition- Shazia Sharma, Dr. Minal Chauhan, Dr. Tanvi Makwana, Vijaya Agarwal covered topic such as Nutrition Principle, Health and Hygiene, role of Anemia in overall growth and development and demonstration of recipes using drumstick and millets by the third year students of Foods and Nutrition department .the beneficiaries were 60 anganwadi workers and supervisors.



Foods and Nutrition Department

Parents Teachers meet: (15/02/2024)

A Parents Teachers meeting was organized for whole TY students by the college. Where parents shared their views about college and their experience with the college and their wards performance and progress. The convener of the departmental invitation and arrangement was Dr. Minal Chauhan and Dr. Tanvi Makwana, Ms. Vijaya Agarwal and Ms. Bijal also work for the same.



A talk on Future Scopes after graduation: (18/03/24)

As a part of departmental Alumni Activity, Ms. Sakina Ezzy was invited to give a talk on prospects for post-graduation and jobs after B. Sc. Ms. Vijaya Agarwal was convener of the programme.

