

**DEPARTMENT OF FOODS AND NUTRITION**

**ACTIVITIES FOR THE YEAR 2017-18**

As a part of International Mother's Milk Week celebrations a "Floor Art" competition was organized on 1/8/2017 for all the F Y B Sc students wherein 140 students participated enthusiastically.



An inter school poster display competition was arranged on 1/8/2017 as a part of IMMW celebrations wherein 10 schools participated enthusiastically.



**A talk by department alumni on job prospects in abroad after Foods and Nutrition by Ms Ekta Patel Muscat, Oman was arranged on 8/1/2018**



**A workshop on cakes and desserts by Chef Hiral, K B Cooking classes at Anand, was arranged on 9/1/2018 was organised for the T Y B Sc Students FN and FSQC.**



A BMI camp for 12<sup>th</sup> Standard students of Home Science Vocational Stream was arranged on 12/9/2017 wherein 80 students participated.

A visit to AMUL as a part of Industrial visit was carried out on 12/9/17 for the S Y B Sc Students of FSQC Stream.

A guest lecture on "Ensuring safe and Nutritious Food" by Ms Shweta Nagar, a consulting Dietitian and Founder of Wellness Clinic Ahmedabad was arranged on 10/1/2018, as a part of Indian Dietetics Day celebration.



**A nutrition quiz on “Ensuring safe and Nutritious Food” for S Y and T Y FN and FSQC students was arranged on 10/1/2018, as a part of Indian Dietetics Day celebration.**



**A Parents’ teachers meeting was arranged for the T Y B Sc Students FN and FSQC as well as their parents, on 21/1/2018. 80% parents attended the meeting and were quite satisfied with the growth of their wards.**

**A two day Capacity Building workshop on “Enhancing cooking skills for competition” for Partially and complete blind students of Mogri Blind School was organised on 30/1/2018 to 31/1/2018.**



Radio talks were delivered by Dr Bhavana Chauhan on heart and Vitamin B12 deficiency. Ms Shazia Sharma presented on Diet and Diabetes. Ms Vijaya Agarwal presented on diet in kidney diseases. Ms Minal Chauhan presented on Osteoporosis and its prevention and Ms Tanvi Makwana talked about the Nutrition for Adult women.

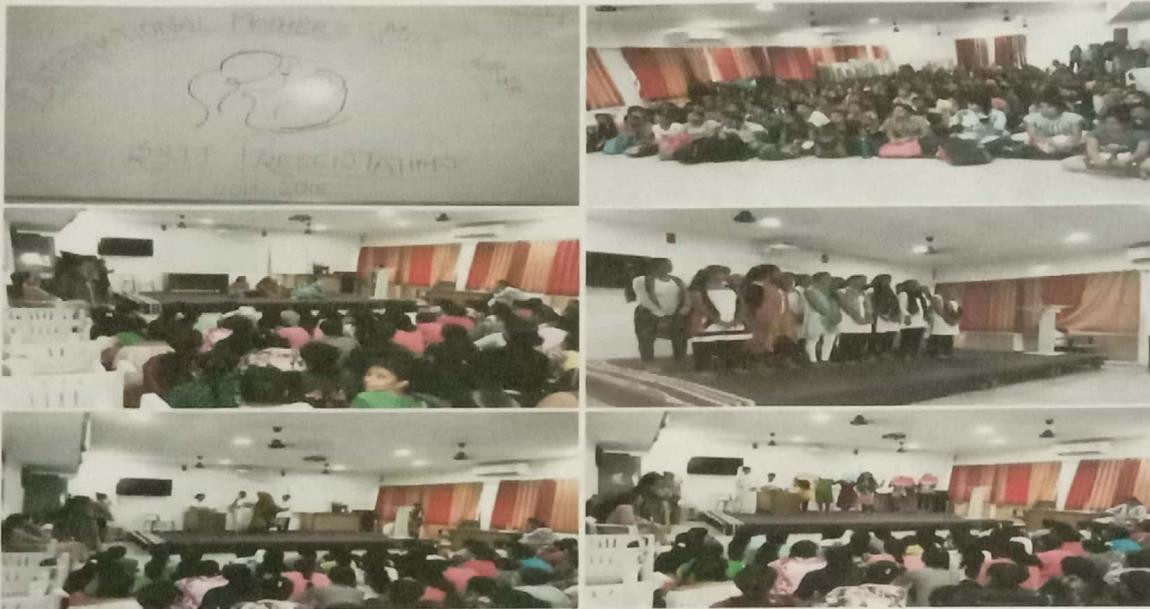
A talk on milk secretion theory and its benefits was delivered by Ms Minal Chauhan to Anganwadi workers of Block 3 on 11/9/2017.



A skit was displayed on importance of breakfast and selection of Home Science as a vocation by T Y B Sc students for Anganwadi workers of Block 3 on 11/9/2017.



Skits on importance of breast feeding and importance of nutrition for infants by S Y B Sc students were enacted on 2/8/2017.



Identify the ingredients from the recipe was organised for the collage staff.



A talk on cancer in women in collaboration with JCI Milk City was arranged as a part of IMMW, Dr Neha Patel was invited as an expert and it was scheduled on 4/8/2017

### National Nutrition week celebrations

As a part of National Nutrition week celebrations charts were displayed by the students prepared by them on 1/9/2017.



A leaflet writing competition on tuberculosis, Typhoid, Hypertension and diabetes mellitus was organized for the students of T Y B Sc on 1/9/2017.

On 4/9/2017, a recipe competition and talk on Nutrition in middle age women by Ms.Tanvi Makwana was arranged at Hirabaa Mahila Mandal, Vallabh Vidyanagar.

