

## F.N. Department

### Activities for the year [2018-19]

On the occasion of international breast feeding week 1-7 august various activities were conducted in which display and exhibition of poster was done for whole week second year students and faculty Ms. Vijiya Agrawal was the convener for the same.

A lecture on breast feeding by the eminent pediatrician Dr. Tushar Parekh was organized for T.Y.B.Sc (FN and F.S.Q.C) students and students of HD department , faculty in charge was Ms.Minal Chauhan .

On 4th august 2018 a lecture on growth monitoring by Ms. Parul Parmar ( principal of anganwadi training centre, Vallabh Vidyanagar) was organized for Second year B.Sc students and the in charge for the program for Ms. Vijiya Agrawal .

Ms. Minal Chauhan published an article in news paper ( charutan ni awaj) titled "Manu dudh badak na ghadhtar no payo" the beneficiaries was local public the conveners for all the four programs were Ms. Minal Chauhan and Ms. Vijiya Agrawal .



September was celebrated as ocean mass in which activities were conducted spanning whole month on 1st September display of charts and posters depicting messages for better nutrition was displayed for all the college students the convener was Ms. Shazia Sharma



On 1st September 2018, a recipe competition was organized for alumni on the topic " Packed Lunch for Working Women " and the alumni also interacted with T.Y.B.Sc (FN and F.S.Q.C) students and the convener for the programs was Ms. Tanvi Makwana



Top on sustainable development goals by Ms. Tanvi Makwana for anganwadi worker of Ghatak-3, Anand she also organized a skit performance by second year fn students on women empowerment and demonstration of nutri packed lunch recipes" for FN and F.S.Q.C.



A workshop on osteoporosis prevention and awareness on drumstick leaves and Ragi leaves incorporated recipes for anganwadi workers conducted by Ms. Minal Chauhan .28th august 2018.

Ms. Minal Chauhan gave a lecture on " Physiology of Milk Secretion and Importance of Mother's Milk" for Angwadi workers of ghatak 3

On 25th September 2018 Ms.Tanvi Makwana gave a talk on "importance of breakfast" and demonstration on nutri packed lunch recipes" for FN and F.S.Q.C. skit by ty fsqc students was don for students and parents of English medium school Sunav. the convener for the programs was Ms. Shazia Sharma .





As a part of poshan mass in collaboration with fssai Eat Right Movement a talk was organized on food habits and health for the general public of nadiad and it was given by Ms. tanvi makwana leaflets were distributed on diet in different diseases ms minal chuahan took part in the cycle rally the convener for the programmer was ms. shazia sharma .



Indian dietetic day was celebrated on 9th jan 2019 in which Ms. Navnidhi Vyas (Sterling hospital) was invited to give a talk on "Role of Clinical Dietitians in Recent Times."



On the occasion of world osteoporosis day on 28th October 2018 a lecturer was given on "management of osteoporosis through diet" for men and women of Nadiad city by Ms. Minal Chauhan.

A parents teacher's meeting was organized in January for tybsc students.

On 10th January 2019 educational visit to Asian food industry and sunfeast was conducted for tybsc fn and fsqc students Ms. Minal Chauhan was the convener for the program



On 16th December 2018, a state level CNE on importance of nutrition in clinical care in collaboration with IDA Gujarat chapter was organized for students and dietitians of Gujarat state Ms. Shazia Sharma was convener for the same.



There as a part of awareness program in community a demonstration of pickle at Jor village during annual NSS camp was conducted by Ms. Tanvi Makwana .

On 22nd February 2019 a lecture by Ms. Guredeep Kaur dietitian AIMS Delhi on kidney disease for T.Y.B.Sc students and demonstration of diet tell software was done for students and dietitian of Anand .



And MOU rotary Anand milk were the nutrition department will work with sangodpura angwandi centre as a part of the program a lecture on nutrition for pregnanet women was conducted by Ms. Vijiya Agrawal and nutritious snack bar was developed and distributed by Ms. Minal Chauhan.