

A thick dark green vertical bar runs along the left edge of the page. A green arrow-shaped banner points to the right from this bar, containing the text 'Annual Report 2022-23'. In the bottom left corner, several thin, curved, light green lines sweep upwards and to the right, resembling stylized grass or reeds.

Annual Report 2022-23

# Department of Family Resource Management

Extra-Curricular Activities

**S. M. Patel College of Home Science**

A CHARUTAR VIDYA MANDAL INSTITUTE

RE-ACCREDITED BY NAAC 'B++'

COLLEGE WITH POTENTIAL FOR EXCELLENCE (CPE-II)

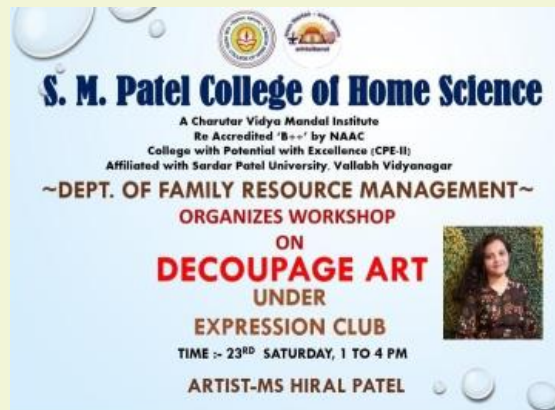
AFFILIATED TO SARDAR PATEL UNIVERSITY

VALLABH VIDYANAGAR

## Department of Family Resource Management (2022-23)

### 1 Workshop on Decoupage Art in Home Science College

A workshop on Decoupage Art was organized by CREATIVE EXPRESSION CLUB of the Family Resource Management Department on 23rd July, 2022, Saturday. This workshop was organized under the guidance of Principal Dr. Bhavna Chauhan and Head of FRM Department Dr. Nidhi Gupta. Ms Kalpana Srivastava was also present as the in-charge of the club. As a subject matter expert, Hiral Shah was invited to teach the art of decoupage (cutting out and pasting a glass bottle to make a painting more attractive). A total of 32 students participated in this workshop. All the students enjoyed the decoupage art.

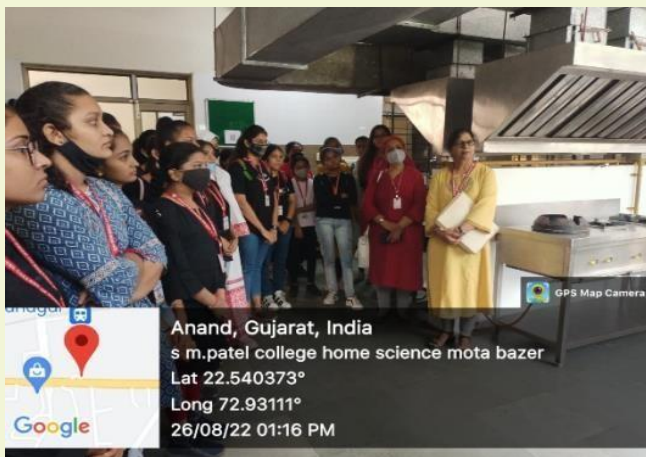


## **2 Educational Visit**



Department of Family Resource Management of S.M. Patel College of Home Science organized an educational visit on Friday 26 August 2022 to SMAID College, C.Z. Patel College, and Be Komfort furniture showroom. The visit was arranged for S.Y. & T.Y. students of the department to give them insight into the field of Building & Construction Materials and their uses, Wood and Clay Techniques, Front Office, Bed Making in Housekeeping, and types of Furniture and

Materials. This visit was led by Dr. Nidhi Gupta and Ms. Kalpana Srivastava. They visited the exhibition and saw the display of students' work along with different building materials. The students also visited their wood and clay modeling workshop.



At CZ Patel College students learned about the commercial kitchen, front office department, food and beverage department, and restaurant as a lab. In Housekeeping, they were given the demonstration of bed making and towel folding as a decoration on the bed. At Be Komfort furniture showroom the last stoppage, was where students saw different furniture of different materials and different rooms. The students were quite enthusiastic about visiting the

institutes, as they got an opportunity to know about many useful things.





### 3 Workshop on Bio enzymes in Home Science College:

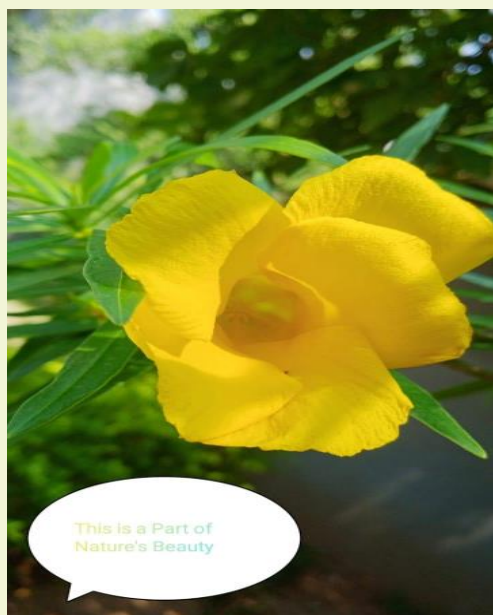
The Eco-Club of Family Resource Management Department has organized a workshop cum demonstration of Bio enzymes on 23rd September, 2022 by Dr. Nidhi Gupta under the guidance of Principal Dr. Bhavana Chauhan. Ms. Hima Patel who is our alumni and an entrepreneur was invited as a resource person. Bio-Enzyme is a multi-purpose, natural cleaner produced from vegetable/fruit peels. It is an effective alternative to harsh chemicals typically used in

households as cleaning supplies. A live demonstration of making Bio-Enzymes was done with the use of different ingredients like jaggery, citrus peels, and water. 52 F. Y. B.Sc. students actively participated in this workshop and learned the skill of making BIOENZYMES.



#### **4. Photography competition under ECO Club:**

On 30 September 2022, a Photography competition was held in S.M Patel College of Home Science under the Eco-club, the theme for the same was- Nature. All the students from the first



year took part. The participants were allotted a time limit of 30 minutes and the photographs were to be clicked from the college campus on the spot. A short title for the photograph was to be given by the participants. The competition was organized by Dr. Nidhi Gupta. The judges were Dr. Komal Patel and Dr. Vandana Modi. Winners of the competition were ranked 1st, 2nd, and 3rd - Ms. Varisha Khan, Ms. Bindiya Gohel, and Ms. Palak Thakor respectively.





## 5. Creative Art Exhibition:

An exhibition of creative art paintings inspired by Indian culture, made by the students throughout the semester under the course creative arts was put up in the department on 5<sup>th</sup> December 2022. Developing skills and understanding of Indian art through hands-on experience was the main aim of putting this exhibition. The mentors for this exhibition were Dr. Nidhi Gupta, Ms. Kalpana Srivastava, & Ms Mukty Mistry. The students have prepared artifacts in Worli art, Madhubani art, abstract art, Mandala art, and modern art, etc. All the faculties of the college visited the lab to boost the spirit of the students.



## **6. Teachers training in collaboration with DIET, Anand**

In collaboration with DIET, Anand our college has conducted the teachers training program on 8<sup>th</sup>-9<sup>th</sup> Dec 2022 for 67 Senior Secondary teachers and Principals under NEP 2020 to generate awareness about vocational training in Home Science. The program was initiated by the Principal Bhavna Chauhan on the various courses offered by the departments and later the teachers were split into two groups and sent to individual depts where the Family Resource Management Department exposed the teaching fraternity about job scopes in FRM and various course offered to the students including types of labs conducted. Dr. Nidhi Gupta enlightens them about manners and etiquette in day-to-day life and Ms Kalpana Srivastava showed them types of tables setting and Napkin folding with the help of final-year students. The feedback of the participants was also collected through Google Forms.





## 7. Consumer Week Celebration (24<sup>th</sup> to 30<sup>th</sup> December 2022)



above event with the aim of imparting knowledge about consumer rights and responsibilities to the school students. Ms Kalpana Srivastava the faculty in FRM dept also



accompanied the students in few schools. Initially students were oriented about who is a consumer and various laws pertaining to the consumers. The students were asked to form the group of four to attempt the given quiz which included number of multiple-choice questions on consumer awareness, followed by a well-rehearsed street play by our students on consumer frauds in market and consumer rights and responsibilities. Later, the competition results were prepared and the four teams with highest score were asked to participate. A buzzer round was done to finalize the winner among the four teams and picture of quality marks/symbols were shown to the selected teams. The participants of the winner team were gifted with a “Resin Art” keychain and bookmark prepared by our Family Resource Management (FRM) students. And a beautiful “jade potted plant” was gifted to the school principals for their cooperation.

S.M. Patel College of Home Science celebrated **Consumer Week** from 24 to 30<sup>th</sup> December 2022 in various schools of Vidyanagar under the guidance of college Principal Dr. Bhavana Chauhan with the approval of School Principals. Head of Family Resource Management Department and in-charge of Consumer Club Dr. Nidhi Gupta organised the



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The schools that were included in this consumer awareness campaign were

1. New Education trust girls' high school, Petlad
2. V.C Patel English Medium School, V V nager
3. T.V. Patel School, V.V nager
4. Bavis Gham school, V.Vnagar
5. CVM vocational stream school V.V nager
6. R.P.T.P high school V.V nager



## 8. Research Workshop “Anveshana: Research Basics 2.0”:



A **research workshop** was organized by the Research cell of the S. M. Patel College of Home Science (a CVM institute) on 16<sup>th</sup> January 2023 under the able guidance of our Director Research cell and Principal Dr. Bhavana Chauhan and Dr. Nidhi Gupta (Convener research cell) “**Anveshana: Research Basics 2.0**” for final year students of our college.

The subject expert for the **research workshop** was Dr. H. M Vinaya Kumar, Assistant

Professor in B. A. College Agriculture, a renowned researcher from Anand Agricultural University, Anand. The research workshop was a innovative effort to make students understand the complications of research by giving them simple examples from day today life relevant to Home Science. The students of third year enthusiastically participated in the workshop by working in group on different research topics of their interest along with their mentor. The members of the research cell namely Dr. Minal Chauhan, Dr. Tanvi Patel, Dr. Mittal Barot, Dr. Vandana Modi and Dr Poonam Oza gave their inputs to the students in formulating their objectives for making their small projects feasible.





## 9. Participation in Millet mela:

A stall was put up in Millet mela organized by P.G. Department of Home Science, S. P. University, Vallabh Vidyanagar on 13th - 14th feb 2023. Our students sold food items like papdi na lot, chocolates, mousse etc made of millets like bajara and ragi. The students also sold handicraft items like jewelleryes made by them which gave them confidence in self: A step towards Atmnirbhar bharat and a motivation for start-up. The whole management of stall and its finances were done by Dr. Bhavana Chauhan, Dr. Nidhi Gupta and Ms Shazia sharma.



## 10. NSS Camp Activity:

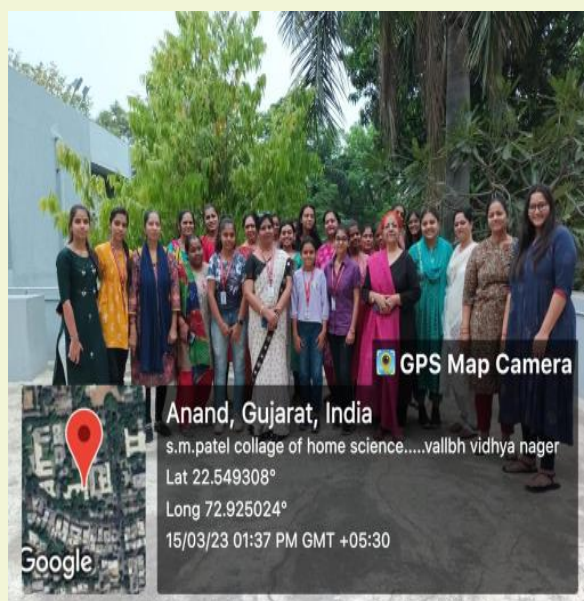
During the NSS camp organized by S. M. Patel College of Home Science in Sihol village two activities were taken up by the Family Resource Management Department for the School students of standard 9, 10 & 11 on 6<sup>th</sup> February, 2023. The activities were organized under the mentorship of Dr. Nidhi Gupta & Ms. Kalpana Srivastava with 10 FRM students. First activity was workshop on Techniques of printing where exposed to various techniques like marble printing, thread printing, leaf printing, vegetable printing which can help them in generating income while preparing greeting cards, bookmarks, file covers etc. As a second activity consumers awareness was generated among them through a role play on consumer frauds prevalent in the market. All the students (approximately 100) actively participated in the workshop and enjoyed the role play.





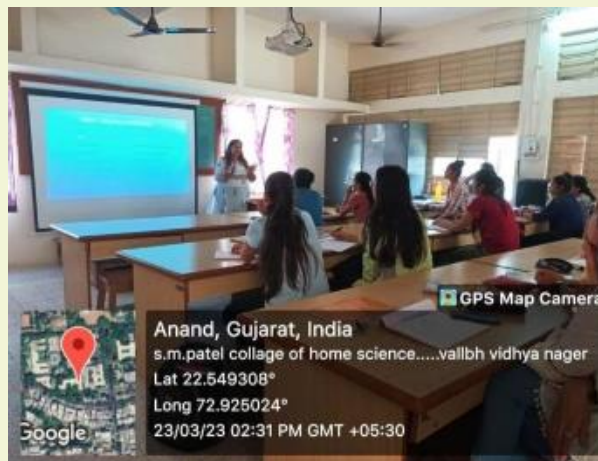
## 11. Parent-Teacher Meet:

A parent-teacher meet was organized on 15<sup>th</sup> March, 2023 by all the departments of our college. Principal Dr. Bhavana Chauhan welcomed the parents and discussed the various activities carried out throughout the year. Prize distribution related to various activities participated by the students throughout the year was done. Feedback of students and parents were taken and visits of the parents to the respective department of their ward was arranged. Departmental head discussed the job potentials and future scope in the related field.



## **12. Alumni visiting lecture:**

An alumna of our college Ms. Khushi Gajjar was invited to talk about “Various channels of marketing and their distribution network” on 23<sup>rd</sup> March, 2023 to the final year students of Family Resource Management Department.



## **13. Pottery Workshop:**

Pottery Workshop was conducted for all the interested college students on 24<sup>th</sup> March, 2023 where initially Mr. Praveenbhai and Mr. Ramneekbhai (village potters) demonstrated to work on potter's wheel and then beautiful flower vases of different shapes were made by the 33 students of various departments.







#### 14. Lecture cum discussion on “Earn While You Learn”:

“Earn while you learn”, an initiative offered in Madhubhan Resort and Spa for our students to show case there skills and get paid for the same by conducting various activities for their guests like nail art, craft, handicraft, origami, paintings techniques etc. Ms Bhamini Patel (Activity Manager) was interested to take a session with our students where she can encourage the students to participate in the activity and earn. 82 students participated in the discussion on 19<sup>th</sup> April, 2023 in the college auditorium and the list was prepared of the interested students with respects to skills they are willing to conduct. Dr. Nidhi Gupta coordinated the event.



## **15. Workshop on Income Generating Activity under Unnat Bharat Abhiyaan**



Department of Family Resource Management had conducted a workshop on Income Generating Activities on 4th May, 2023 at Amod village. The workshop was organized for under privileged women under Unnat Bharat Abhiyan. Ms. Kalpana Srivastava and 3 students of final year of the department gave the training of making shopping & gift bags of paper and different styles of jewellery. All the participants took active participation in the workshop. There were 18 participants for the workshop.