



A Charutar Vidya Mandal's

S M Patel College of Home Science

(An Autonomous Institute)

Affiliated to Sardar Patel University

DEPARTMENT *Activity Report*

2024 - 25

HUMAN DEVELOPMENT
AND FAMILY STUDIES

Nurturing Potential • Strengthening Families • Building Better Tomorrow

**S. M. Patel College of Home Science
Department of Human Development
Year: 2024-2025**

**Slogan Competition: Breastfeeding
06/08/2024**

Slogan competition was organized by Dr. Vandana Modi on the occasion of breastfeeding week celebration. The Principal, Dr. Bhavana Chauhan and I/C head Human Development Dr. Mittal Barot encouraged the students for their participation. All the students from F.Y, S.Y. and T.Y. HD have participated in that competition. Ms. Shazia Sharma from FN Department and Ms. Nupur Mehta, were invited as judges in which the winners were 1st, 2nd, 3rd “Shivani Patel”, “Rutu Suthar”, “Amreen Diwan. Alpa Shapariya and Ms. Mital Roy encouraged students for the active participation.



**Visit of Anganwadi Centre
13/08/2024**

Dr. Mittal Barot and Ms. Alpa Shapariya organized Anganwadi visit and provided guidance to students. Students of first year visited Anganwadi at Karamsad. Total 12 students visited the centres. The visit helped the students to understand the teaching learning system and functioning for Anganwadi center like how to measure child height, weight, arm circumference and head circumferences. They also came to know different types of food packet were distributed by Anganwadi to children, adolescent girls, pregnant women and lactating mothers. Dr. Vandana Modi and Ms Mital Roy had been there with students during visit.



Infant photo-shoot competition

14/8/2024

S. M. Patel College of Home Science in the department of Human Development and Family Studies, the “Baby photo-shoot” competition was organized on 14th August 2024 organized by Dr. Mittal Barot under the able guidance of Principal Dr. Bhavana Chauhan. All the students from F.Y, S.Y. and T.Y. Human Development students have participated in that competition. Ms. Tapish Sharma were invited as judge. In this competition the winners were 1st, 2nd, 3rd “Ravina Nisarta” “Arhama Sheikh” and “Krupa Gohel”.



Educational Visit (Place: Shree Krishna Hospital- Neonatal Care and Maternity Home)

02/09/2024

One day educational visit to Shree Krishna Hospital- Neonatal Care and Maternity home was organized by Dr. Mittal Barot and Dr. Vandana Modi, Human Development Department of Home Science on 2nd September 2024. Dr. Dipen Patel guided those students. F.Y. HD students had attended. Students visited different places such as Incubator room, General OPD for children. This is the place where treatment is given to Neonate and Infants. Neonates were admitted at the hospital and the doctor explained about the physical appearance of low-birth weight babies.



Ganesh Utsav Celebration

7/9/2024 to 11/9/2024

Ganesh Chaturthi, the festival celebrating the birth of Lord Ganesha, was celebrated for 5 days, Dr. Mittal Barot had organized under the guidance of Principal Dr. Bhavana Chauhan. Dr. Vandana Modi, Ms. Alpa Shapariya and Ms. Mital Roy with great enthusiasm.

The event, organized at HDFS lab, was a vibrant showcase of culture, spirituality, and community spirit. The idol of Eco-Friendly Lord Ganesha, crafted by T.Y.students. The celebrations commenced with the installation of Lord Ganesha's idol, followed by a grand Pran Pratishtha ceremony, where prayers and rituals were performed to invoke Lord Ganesha's presence. The air was filled with devotion as people participated in the aarti, chanting mantras and offering flowers and sweets like modaks, believed to be Lord Ganesha's favorite.

Whole college students participated in morning Aarti Puja and 'Prasad' was distributed to all students and staffs. Sweets and fruits were shared among the attendees, at Human Development and Family Studies



Department. Last day ankkut Bhog Prasad was collected by staff and students. Whole college participated Ganesh visarjan function at college garden. The entire Teaching and Non-teaching faculty, including all the students of F.Y, S.Y and T.Y were part of the celebration and came together to participated in various rituals and festivities during this auspicious occasion.



Workshop: Origami

09/09/2024

Origami is the art of paper folding. Origami workshop was conducted by Dr. Vandana Modi under the guidance I/C Head Dr. Mittal Barot on 9th September for S.Y and T.Y HD to develop the imagination and creative skills among students. All students were present. Students learn unique and exclusive shapes like flowers and many different shapes.



Community Outreach Programme: Distribution of Clothes

13/09/2024

Human Development and Family Studies Department organized Community Outreach program by Dr. Mittal Barot on 13th September 2024. The program was designed to engage the students with community people and children for community outreach programme. Students distributed of free reusable cloths, warm cloths and blanket. 13 students were distributed cloths and warm items. There was a heavy rush of poor and needy people to get the reusable clothes. On receiving the clothes, the people had smile on their face and feeling of gratitude in their hearts for students. Ms. Alpa Shapariya worked and guidance students constantly.

Visit of Anganwadi Centre

26/09/2024

Students of first year (minor students) visited Anganwadi at Bakrol. Total 35 students visited the centres. Ms. Sapna ben guided those students. The visit helped the students to understand the teaching learning system and functioning for Anganwadi center like how to measure child height, weight, arm circumference and head circumferences. They also came to know different types of food packet were distributed by Anganwadi to children, adolescent girls, pregnant women and lactating mothers. Dr. Mittal Barot and Ms. Alpa Shapariya organized and provided guidance to students. Dr. Vandana Modi helped them and Ms Mital Roy had been there with students during visit.

Workshop on Growth Monitoring

03/10/2024

Workshop was organized for First year major and minor students for understanding the process of Growth Monitoring and the workshop was organized by Dr. Mittal Barot under the guidance Dr. Bhavana Chuhan. Ms. Disha Upadhyay, the Freelancer was invited as a resource person for the workshop. Total 45 students of first year major and minor participated in the workshop. Under the guidance of Dr. Mittal Barot and Dr. Vandana Modi, students got opportunity to learn about growth chart. Ms Alpa Shapariya and Ms Mital Roy were also provided assistance for the successful completion of the workshop.

Children's Day Celebration

14/11/2024

On 14 11 2024, the Department of Human Development and Family Studies organized a Children's Day celebrated program under Head of the Department, Dr. Mittal Barot. This program was held in the area near Sanket Sales India. Materials for the children to do the activity, paper, color brushes, candy sticks were provided by the college. Using this material, the children were given a waste-of-best thumb printing painting and in the percentage of activities where thumb printing activities were done with the children, a trade was drawn on the charge sheet. Children are taught how to make a boat , frog and rabbit using paper folding. They are taught how to make a house using paper craft. After giving the children a rhymes, they are given chocolates and they are dropped off at their homes. 20 children were present in the activity and participated enthusiastically throughout the program.

Celebrating Children's Day and appreciating children and creating awareness about their rights.



Educational Tour organized by Dr. Mittal Barot for F.Y. S.Y. T.Y Students at Ahmedabad

7/1/2025

In S.M Patel college of Home Science Department of Human Development Educational tour was organized by Dr. Mittal Barot under the guidance of Principal Dr. Bhavana Chauhan visit on “Jeevan Dhara old age Home, Physiotherapy Center, Old age GYM, Women Gruh Uddyog, Eye care Hospital Blind People Association, Flower Show and Atal Bridge”. Visiting faculty Ms. Mital Roy worked very enthusiastically. At 7:00 clock students and faculty reached college after tour. This visit was organized for first, second, third year students of department of Human Development. In Jeevan Dhara old age home in every total 282

people are living on that day one old lady passed away because of heart attack. There are 60 to 100 year old people living there and 110 old people are dead there, they do a fire ceremony at JamalPur. There are many facilities like “physiotherapist, GYM, Khakhra shop, Medical, Eye care hospital” that all things are free for them. Then another place is “Blind People Association”. There is one uncle to guide us; they give a lot of information about that. There is a factory of wheelchairs there they’re making. Then they make artificial legs. There is also a printing machine into which deaf & dumb, blind people, mentally retreated people were working on a printing machine then there is also a sewing machine into which only deaf & dumb people were working. Then there is school 1 to 12th standard and also have hostels. There is preschooler into that gave mentally retreated child, ITI computer’s, dish vocational centre this all things are have in that deaf & dumb, mentally retreated, blind people all are work and study there it was superb. Then there is dark room or human development student go into dark room it has charge ₹50 into that have many statue and the room is totally dark they are going into line by holding other person from that many students get fabulous experience there is restaurant, cinema are available into that dark room. Then students visit “Flower Show” and “Atal Bridge” it was very beautiful view there is many types of statue that all statue made from original flower it was really beautiful also have cartoon characters, butterflies, peacock, flower bouquet, temple etc. that all statue made from original flower. Then there is the Atal bridge. It has a really beautiful view and has fresh and cold air because of the river.



Puppet making competition

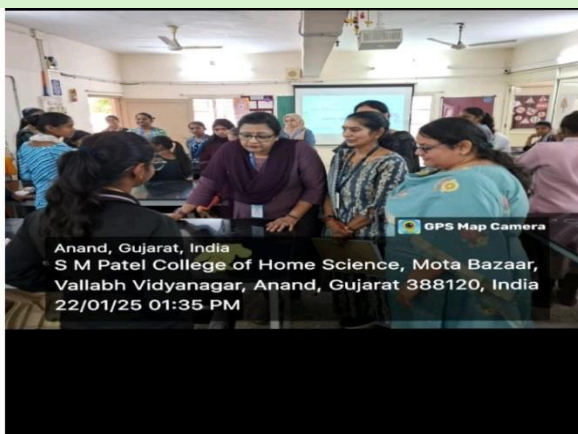
22/1/2025

On 22/01/2025 Puppet Making Competition was organized by Dr. Vandana Modi under the guidance of I/C Head Dr. Mittal Barot. Human Development Department the students of F.Y, S.Y and T.Y were participated enthusiastically.

In which the principal of the college Dr. Bhavana Chauhan was called as the chief guest and Miss Naina Sharma, a teacher of the higher secondary was called as the judge. Dr. Bhavana Chauhan encouraged and inspired all the students. The winners were announced according to the judgment given under several criteria. In this competition the winners were 1st, 2nd, 3rd Azra Mansuri, Arpita Machhi and Helly Rajput respectively. The main purpose of this competition was to develop skills among the students. All the students participated in this competition with great enthusiasm.



Anand, Gujarat, India
S M Patel College of Home Science, Mota Bazaar,
Vallabh Vidyanagar, Anand, Gujarat 388120, India
22/01/25 01:39 PM



Anand, Gujarat, India
S M Patel College of Home Science, Mota Bazaar,
Vallabh Vidyanagar, Anand, Gujarat 388120, India
22/01/25 01:35 PM



National Girl Child Day Celebration

24/1/2025

Department of Human Development celebrated National Girl Child Day on 24th 2025 under the guidance of I/C head Dr. Mittal Barot. Pri. Dr. Bhavana Chauhan invited as a speaker on Beti Bachao Beti Padhao Awareness Program. Dr. Bhavana Chauhan focused on raise awareness about the importance of saving the girl child, preventing female foeticide, and promoting gender equality.

The event organized at College Auditorium. The campaign is an effort to create a more inclusive and gender-sensitive society for women and girls. In which the students of F.Y, S.Y and T.Y HDFS students were shown "Beti" documentary and Girl child is a matter of great joy and a program was organized accordingly. Dr. Vandana Modi were encouraged the students very enthusiastically. The event emphasized the importance of saving and educating the girl child to create a better future for the society.



Educational Visit (Place: Jalarambapa Vishram Trust, Karamsad)

28/01/2025

An educational visit was planned by the Department of Human Development and Family Studies for S.Y. HD students to Jalaram Bapa Vishram Trust, Karamsad. This visit was organized by Dr. Vandana Modi under the guidance of I/C head Dr. Mittal Barot on 28th January 2025. The visit helped the students to understand the life style and problems of old age people. Students saw different rooms and infrastructures of old age home. They played games and communicate with old age people. Ms. Mital Roy helped the students during the visit.



Educational Visit (Helping Hands Development Center)

30/01/2025

The visit was organized for T.Y. B.Sc Students under the guidance of Dr. Mittal Barot, I/C Dept. of Human Development and Dr. Bhavana Chauhan, Principal of the college. This visit was aimed to understand set up of development centre, tools, techniques etc. Students had interacted with staff and children. Those children were facing different problems such as Autism, ADHD, Learning disability etc.



Slogan competition on Youth and women empowerment:

31/1/2025

Slogan competition was organized by Dr. Mittal Barot on 31st January 2025. The Principal, Dr. Bhavana Chauhan encouraged the students for their participation. All the 37 students from F.Y, S.Y. and T.Y. HD have participated in that competition. Ms. Trusha Lad and Ms.Kiran Patel were invited as judges in which the winners were 1st, 2nd, 3rd Bansi Parmar, Naysha Rabari, Jinal Vasava respectively. Dr. Vandana Modi

and Ms. Mital Roy encouraged students for the active participation.



યુથ ક્લબ અંતર્ગત સ્લોગન સ્પર્ધાનું આયોજન



આણંદ, તા.૭
એસ.એમ.પટેલ કોલેજ ઓફ
હોમ સાયન્સના છુમન કેવલોપમેન્ટ
એન્ડ ફેમિલી સ્ટડીઝ વિભાગમાં
યુથ અને વુમન એમ્પાવરમેન્ટ ઉપર
યુથ ક્લબ અંતર્ગત સ્લોગન
કોમ્પીટીશનનું આયોજન કરવામાં
આવ્યું હતું. જેમાં ૩૭ વિદ્યાર્થીઓએ
ભાગ લીધો હતો.

Helping Hand Child Development and Assessment Centre -Vidyanagar

On 30/1/2025, the students of Human Development Development visited the Helping Hand Institute of Dr. Vandana Modi under the guidance I/C Head Dr. Mittal Barot. We reached there at 3 o'clock. We first met Nishit Batt sir there. They run that organization. He first talked to us about disability. They informed us about the organization. After this we went for a visit.

First we went to the speech therapy room. We met Dr. Padma there. She was giving speech therapy to a girl there using flashcards. Due to corona children use phone more, physical activity of children is reduced and they only use phone so their physical social development and speech development cannot be done. Due to which disability called ESB is seen in children.

After this we went to the special education room where we saw a ADHD and autism child. There was a child who had echo lolia. There the madam used to hold the child's hand and write on the board. Their hand and eye coordination.

After this we went to the occupational therapy room. Where the sensory session was going on. In which the madam gives the child different textures in his arms, legs and back so that he can get senses. There sir showed us different kits including a whistle kit for language development by blowing which the child can learn different words.

હોમસાયન્સ કોલેજના હ્યુમન ડેવલપમેન્ટ એન્ડ કેમિલી સ્ટડીઝ દ્વારા વિકાસ મૂલ્યાંકન કેન્દ્રની મુલાકાત



ચારુતર વિધામંડળ સંચાલિત એસ.એમ.પટેલ કોલેજ ઓફ હોમસાયન્સમાં હ્યુમન ડેવલપમેન્ટ એન્ડ કેમિલી સ્ટડીઝ દ્વારા ટી. વાય વિધાર્થીનીઓ માટે વિકાસ મૂલ્યાંકન કેન્દ્રની મુલાકાતનું આયોજન કરવામાં આવ્યું હતું. સંસ્થાના શ્રી નિશિત ભટ્ટ અને ડૉ. નીલિમા સિંગ દ્વારા સંસ્થા વિશે પરિચય આપવામાં આવ્યું હતું અને તેઓએ વિધાર્થીનીઓને વિવિધ થેરાપી રૂમની મુલાકાત કરાવી. આ મુલાકાતનું આયોજન કોલેજના આચાર્યશ્રી ડૉ. ભાવના ચૌહાણના માર્ગદર્શન હેઠળ હ્યુમન ડેવલપમેન્ટ એન્ડ કેમિલી સ્ટડીઝ વિભાગના ડૉ. વંદના મોદી દ્વારા સમગ્ર કાર્યક્રમનું આયોજન અને સંચાલન કરવામાં આવ્યું હતું. ટી. વાય. જેમાં ૧૧ વિધાર્થીનીઓએ મુલાકાત લિધો હતો. આમાં ડૉ. મિતલ બારોટ સહકાર આપ્યો હતો.