

HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS) DEPARTMENT

Annual Report

ACADEMIC YEAR
2025 – 2026



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Nurturing Minds... Strengthening Families... Building Better Tomorrow



S. M. Patel College of Home Science
Human Development and Family Studies Department
2025-2026

Activity 1: (08-07-2025) Competition on Origami

A competition on Origami was organized on 08-07-2025 for FY, SY, and TY B.Sc. students. The activity was conducted under the guidance of Principal Dr. Bhavana Chauhan conducted by Heads of Department Dr. Mittal Barot. Dr. Nidhi Gupta and Ms. Trusha Lad invited as a judge. A total of 23 students participated in the competition. The activity was organized at the inter-class level to encourage creativity, fine motor skills, and artistic expression among students. As an achievement, Dhvani Darji (FY TC) secured 1st position, Damini Luhar and Niti Pokar secured 2nd position, and Shruti Rabari (SY FN) secured 3rd position.

Activity 2: (30-07-2025) Educational Visit to Child Health Care Centre

An Educational Visit to Child Health Care Centre was organized on 30-07-2025 for T.Y. HD students. The visit was coordinated by Dr. Vandana Modi under the guidance of Principal Dr. Bhavana Chauhan and I/C Head Dr. Mittal Barot with the aim of providing students with practical exposure to child health care services and developmental support systems. A total of 13 students participated in the visit. The activity helped students gain firsthand understanding of child health care practices and professional services available for children.

Activity 3: (04-08-2025) Educational Visit to ECCE Centre – My Chhota School

An Educational Visit to ECCE Centre – My Chhota School was organized on 04-08-2025 for F.Y. and S.Y. major HDFS students. The activity was conducted under the guidance of under the guidance of Principal Dr. Bhavana Chauhan and I/C Head Dr. Mittal Barot coordinated by Dr. Vandana Modi. A total of 16 students participated in the visit. The objective of the activity was to familiarize students with early childhood care and education settings and teaching-learning practices adopted in ECCE centers. As an outcome, students gained practical insights into preschool management and child-centered educational approaches.

Activity 4: (04-08-2025) Workshop on Best out of Waste

A Workshop on Best out of waste was organized on 04-08-2025 for Higher Secondary Home Science students under the guidance of Principal Dr. Bhavana Chauhan and I/C Head Dr. Mittal Barot coordinated by Dr. Vandana Modi. A total of 8 students participated in the workshop. The objective of the activity was to promote creativity, environmental awareness, and the effective use of waste materials for useful and decorative purposes. As an outcome, students developed innovative thinking and learned the importance of recycling and sustainability.

Activity 5:(05 & 06-08-2025) Workshop on “Learning by Doing: ECCE for Future Educators

A programme for 12th standard students of CVM Higher secondary Family Resource Management and Textiles & Clothing was conducted under the guidance of Principal Dr. Bhavana Chauhan and organized by In-charge Head Dr. Mittal Barot. The main objective of the programme was to enhance students’ knowledge, practical understanding, and awareness in the areas of resource management and textiles. The session provided an opportunity for students to engage actively, learn new concepts, and develop relevant skills. A total of 20 students participated in the programme. The session enhanced students’ knowledge and understanding of the subject and provided valuable learning experience.

Activity 6: (08-08-2025) Competition on Breastfeeding Logo

A Competition on Breastfeeding Logo was organized on 08-08-2025 for FY, SY, and TY HD students under the guidance of Principal Dr. Bhavana Chauhan and coordinated by I/C Head Dr. Mittal Barot. Ms. Vijaya Agarwal invited as a judge. A total of 9 students participated in the activity. The objective of the competition was to create awareness about the importance of breastfeeding and to encourage students to express health-related concepts through creative design. As an achievement, Aesha Panchal secured 1st position and Urvashi Patel secured 2nd position.

Activity 7: (13-08-2025) Poster Competition on Positive Parenting

A Poster Competition on Positive Parenting was organized on 13-08-2025 for F.Y., S.Y., and T.Y. HD students under the guidance of Principal Dr. Bhavana Chauhan and I/C Head Dr. Mittal Barot coordinated by Dr. Vandana Modi. Dr. Tanvi Makwana and Dr. Ekta Pandya invited as a judge. A total of 29 students participated in the activity. The objective of the competition was to spread awareness regarding effective parenting practices and healthy parent-child relationships. As an achievement, Naysha Rabari secured 1st position, Priyanka Thakor secured 2nd position, Riddhi Kangasiya secured 3rd position, and Arhama Shaikh received Consolation Prize. As an outcome, students enhanced their understanding of positive parenting and child development concepts.

Activity 8: (21-08-2025) Community outreach on World Senior Citizen Day

A Community Outreach Activity on the occasion of World Senior Citizen Day was organized on 21-08-2025 for SY HD students under the guidance of Dr. Vandana Modi. A total of 12 students participated in the activity. The purpose of the outreach program was to sensitize students towards the needs, concerns, and well-being of senior citizens. As an outcome, students developed empathy, social responsibility, and a better understanding of ageing-related issues.

Activity 9: (10-09-2025) A Talk on World Suicide Prevention Day

A Talk on the occasion of World Suicide Prevention Day was organized on 10-09-2025 for TY HD students under the guidance of Dr. Mittal Barot. Principal Dr. Bhavana Chauhan and Dr. Mittal Barot delivered lecture on World Suicide Prevention Day. A total of 13 students participated in the session. The activity aimed to create awareness regarding mental health, emotional well-being, and suicide prevention. As an outcome, students gained a deeper understanding of mental health issues and the importance of emotional support and timely intervention.

Activity 10: (22-09-2025) Educational Visit to Child Guidance Clinic Gokul Children Hospital

An Educational visit was organized on 22-09-2025 to Child Guidance Clinic Gokul Children Hospital, Anand for S.Y. HDFS students under the guidance of Principal Dr. Bhavana Chauhan and I/C head Dr. Mittal Barot, coordinated by Dr. Vandana Modi. A total of 12 students participated in the visit. The objective of the activity was to provide practical exposure to child guidance services and psychological support systems available for children. As an outcome, students gained a better understanding of child behaviour assessment and intervention services.

Activity 11: (27-12-2025) Workshop on Innovative Inclusive Learning: Special Education and Therapy Based Services

A Workshop on Innovative Inclusive Learning: Special Education and Therapy Based Services was organized under the guidance of Dr. Mittal Barot and Dr. Minal Chauhan on 27-12-2025 for FY, SY, and TY HD and FN students. The resource person for the workshop was Principal Mrs. Pratibha Pauranik Mitral Punrvasu Kendra, Mogari. A total of 72 participants attended the session. The objective of the workshop was to enhance students' understanding of inclusive education, special education, and therapy-based interventions for children with diverse needs. As an outcome, students developed awareness about inclusive learning practices and support services for children requiring special attention.

Activity 12: (19-01-2026 to 21-01-2026) Traditional Food Festival

A Traditional Food Festival was organized from 19-01-2026 to 21-01-2026 under the guidance of Principal Dr. Bhavana Chauhan. I/C Head Dr. Mittal Barot along with Dr. Vandana Modi guided the students and prepared material for the food festival. The activity involved the display

and sale of psychological tests, books, and art and craft materials during the Traditional Food Festival at Shastri Ground, V.V.Nagar. The target group included students, parents, and teachers. The objective of the activity was to provide exposure to educational and psychological resources while encouraging student participation in academic and creative outreach. As an outcome, students gained practical experience in presentation, communication, and public interaction.

Activity 13: (21-01-2026 and 13-02-2026) Educational Visit to Toy Shop

An Educational Visit to a “S.N.Toy World” V.V.Nagar Toy Shop was organized on 21-01-2026 and 13-02-2026 for SY and TY HD students under the guidance of Principal Dr. Bhavana Chauhan and coordination by in charge head Dr. Mittal Barot . A total of 25 students participated in the visit. The objective of the activity was to help students understand the educational, developmental, and recreational value of toys in child development. As an outcome, students gained knowledge about age-appropriate toys and their significance in physical, cognitive, and emotional development.

Activity 14: (24-01-2026) Documentary Movie – Beti on Women Empowerment

A Documentary Movie Screening of “Beti” on the theme of Women Empowerment was organized on 24-01-2026 for FY, SY, and TY HD students under the guidance of Principal Dr.Bhavana Chauhan. Conducted by I/C Head Dr. Mittal Barot along with Dr. Vandana Modi A total of 31 students participated in the activity. The objective of the activity was to create awareness regarding gender equality, women’s rights, and empowerment. As an outcome, students developed sensitivity towards women’s issues and a better understanding of the importance of empowerment in society.

Activity 15: (31-01-2026) Educational Visit to Vridhhashram – Mahipatsinh Foundation

An Educational Visit to Vridhhashram – Mahipatsinh Foundation was organized on 31-01-2026 for S.Y. HDFS students under the guidance of Principal Dr.Bhavana Chauhan and I/C Head Dr. Mittal Barot Conducted by Dr. Vandana Modi. A total of 12 students participated in the visit. The objective of the activity was to provide students with an understanding of the living conditions, emotional needs, and support systems of elderly individuals. As an outcome, students developed empathy and practical understanding regarding geriatric care and the psychosocial needs of senior citizens.

Activity 16: (31-01-2026) Educational Visit to Little Mee – ECCE Centre

An Educational Visit to Little Mee – ECCE Centre was organized on 31-01-2026 for TY HD students under the guidance of Dr.Bhavana Chauhan and I/C Head Dr. Mittal Barot coordinated by Dr. Vandana Modi. A total of 13 students participated in the visit. The objective of the activity was to expose students to preschool education practices and child-friendly learning environments. As an outcome, students gained practical insights into ECCE planning, classroom arrangement, and child-focused teaching methods.

Activity 17: (27-01-2026) Educational Visit to Anand Balwadi – Mitra Rehabilitation Centre, Mogari.

An Educational Visit to Anand Balwadi – Mitra Rehabilitation Centre was organized on 27-01-2026 for TY HD students under the guidance of Principal Dr. Bhavana Chauhan. and conducted by department head Dr. Mittal Barot. Anand Balwadi principal Ms. Pratibha Pauranik and Ms. Suvarna kadam guided the students about ECCE structure and activities. A total of 13 students participated in the visit. The purpose of the activity was to help students understand rehabilitation services and educational support provided to children with special needs. As an outcome, students developed a broader perspective on rehabilitation practices and inclusive child development services.

Activity 18: (11-02-2026) Educational Tour

S.M.Patel College of Home Science college organized an Educational Tour was on 11-02-2026 for FY, SY, and TY students under the guidance of Principal Dr. Bhavana Chauhan. Human Development students coordinated by in charge head Dr. Mittal Barot and Dr. Vandana Modi. The objective of the tour was to provide students with experiential learning opportunities and exposure beyond the classroom. The activity encouraged observation, interaction, and practical understanding related to the field of human development. As an outcome, students enhanced their learning through educational exposure and group participation.

Activity 19: (16-03-2026) Educational Visit to Amany Child Therapy Center

An Educational Visit to Amany Child Therapy Center was organized on 16-03-2026 for F.Y. HD students under the guidance of Principal Dr. Bhavana Chauhan and coordinated Dr. Mittal Barot and Ms. Komal Gohil. A total of 7 students participated in the visit. The objective of the activity was to provide exposure to therapy-based interventions and support services for children with developmental concerns. As an outcome, students gained practical understanding of therapeutic approaches and multidisciplinary child support services.

Activity 20: (17-03-2026) Educational Visit to Mahipatsinh Foundation

An Educational Visit to Mahipatsinh Foundation was organized on 17-03-2026 for F.Y. FN and S.Y. HD students under the guidance of Principal Dr. Bhavana Chauhan and coordinated by Head of Department Dr. Mittal Barot and Ms. Komal Gohil. The objective of the visit was to help students understand institutional support services and care practices related to human development and social welfare. As an outcome, students developed greater awareness regarding community-based support systems and social care services.

Activity 21: (28/02/2026) Parent-teacher meet

S. M. Patel College of Home Science, organized a Parent-Teacher Meeting for third-year students along with a farewell program under the guidance of Principal Dr. Bhavana Chauhan. The Parent-Teacher Meeting and Farewell event was conducted successfully with active participation from parents, teachers, and students. The meeting provided a valuable platform for

parents to discuss their child's academic progress, behavior, and overall development with the teachers. Constructive feedback was exchanged, and parents appreciated the efforts taken by the school to ensure quality education and holistic growth.

Activity 22 (09/03/2026) T.Y. Students Fairwell

S. M. Patel College of Home Science S.Y.B.Sc.sC Students gave fair well to T.Y.B.Sc. students. The farewell segment of the event was filled with emotions and gratitude as students, especially the graduating batch, were given a warm send-off. Cultural performances, speeches, and memorable moments made the occasion special. Students expressed their appreciation for the guidance and support received from their teachers throughout their academic journey.



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