

2023-24

S. M. PATEL COLLEGE OF HOME SCIENCE

FOODS AND NUTRITION DEPARTMENT

T. Y. B. SC. (HOME)

INTERNSHIP REPORT

FOODS AND NUTRITION DEPARTMENT

INTERNSHIP REPORT -2023-2024

The foods and nutrition department had done an MOU with the ICDS department to work for the upliftment of anganwadi centres with trainings and also to give the nutrition students the opportunity to work at the grassroot level ,hand in hand with the anganwadi workers and learn about the nutritional status of the beneficiary enrolled in anganwadi and what is their role in enhancing the current situation ,what measures can be taken also learn the working of ICDS and problems faced by the anganwadi workers or supervisors.

A total of 45 students visited 90 Anganwadis of Anand district for a period of 30 days and worked with the anganwadi workers and carried out various activities. Before going for Internship, they were given training on how to work in the field by the officers of Poshan Abhiyan and ICDS workers. The students were taught the know-how of using a poshan tracker, the correct way of doing anthropometry and how to decode them.

For many students it was their first time visiting Anganwadis and they learnt how to interact in the community, they also learnt to cope with hostile situations in few cases and also gained knowledge on different schemes of government to improve overall health of the community especially those at risk.

The activities included:

1. Taking height, weight, BMI and MUAC of all the beneficiaries of anganwadi which included children, adolescent girls, pregnant and lactating mothers.
2. Role plays to impart education on use of nutritious flours provided by the government free of cost, balanced diet, side effects of packaged foods.
3. Lecture for adolescents' girls on importance of breakfast, menstrual hygiene, and sanitation and hygiene.
4. Teaching the young beneficiaries from the books provided to them.
5. Helping anganwadi worker celebrate different days like Mamta divas.
6. As a part of internship they also filled checklist to inform the offices of the current situation of anganwadi in terms of facility provided, Infrastructure etc.

On NRI student did her internship in USA in Bonita bowls where she was taught how to make nutrition bowls and she also incorporated her knowledge in nutrition which was highly appreciated and was also offered a job there after completion of course.

LIST OF STUDENTS:

Sr. No	Name	Anganwadi
1.	Aamena laxmidhar	Selot paa, Kumbharvadi Rajula, Rajkot
2.	Aayman Vahora	Jakaria Masjid,UBSP Aganwadi
3.	Afrin Vahora	Suryanagar, Aasthanagar Anganwadi
4.	Aksha Vohra	Jakaria Masjid,UBSP Aganwadi
5.	Anmol Solanki	Hajariya,bharvadwas, Dahod.
6.	Ashwini Dave	Bonita bowls, USA
7.	Dhanvi Chaubal	Jeevandeep,Nilkanth
8.	Dhruvi Jetani	Goya bhagol2, Prajapati Malik vaas
9.	Disha Rajput	Gulaba bhavan,Nalanda type
10.	Faezabanu Saiyed	Dantarwada Khambhat,Ddiba khambhat
11.	Gayatri Dave	Atul park,Karamsad,goyabhagol-1
12.	Heer Arora	Rupapura, Thakorji nagar
13.	Karuna Sharma	Khodulpura,Radhakhunj
14.	Kashish Yadav	Solanki no vago, Karamsad, Sorthiya Chatralaya, Bakrol
15.	Kinjal Bhoi	Dhodokuvo, bakrol,Vanjara vaas
16.	Krishna Patel	Gopal nagar,Devrajpura
17.	Krupa Suthar	Gopal nagar,Devrajpura
18.	Liza Vahora	Nayavatan society,Royal plaza
19.	Madhvi Chhasatiya	Gramya vistar,Prathmik Aarogya Kendra vistar
20.	Naznin Diwan	Anand balwadi ,Ismail nagar,T.B. hospital
21.	Nipa Suthar	Radha Kunj and chavdapur
22.	Pinal Rathod	Radha Kunj and chavdapur
23.	Prachi Patel	Radha Kunj and chavdapur

24.	Priya Shah	Savita bhavan ,Hariom nagar
25.	Rima Patel	Solanki no vago, Karamsad, Sorthiya Chatralaya, Bakrol
26.	Rutu Dave	Paanch faliya,Solanki vaas Valasan
27.	Seema Puniya	Savita bhavan ,Hariom nagar
28.	Shahin Malek	Amena manzil, Nutan nagar
29.	Vanshika Mevada	Goya bhagol-1,Nilkanth Mahadev
30.	Vidhi Prajapati	Solanki no vago, Karamsad, Sorthiya Chatralaya, Bakrol
31.	Vidhi Vaghela	Bhaikaka nagar 1Bakrol, Shikhodi talavadi
32.	Zeel Surti	Solanki no vago, Karamsad, Sorthiya Chatralaya, Bakrol
33.	Aesha	Jagdish society, Kalyan society
34.	Dhruvi Jetani	I.B.Patel, Dena Parivaar
35.	Jamini	Ambika society, Shikodi talavdi 2
36.	Mansi Makwana	Radha Kunj and chavdapur
37.	Nandini Muniya	Solanki no vago, Karamsad, Sorthiya Chatralaya, Bakrol
38.	Priti Bamaniya	Pritam Balmandir, moto Vaghrivaas
39.	Riddhi Panchal	Pritam Balmandir, moto Vaghrivaas
40.	Shrestha Gupta	Paanch faliya,Solanki vaas Valasan
41.	Smruti	Pritam Balmandir, moto Vaghrivaas
42.	Tanjila Vohra	Ismail nagar,rahima nagar
43.	Vidhi Prajapati	Bhaikaka nagar 2 bakrol
44.	Vijeta	Bhaikaka nagar 2 bakrol
45.	Kazema Saiyed	Vaghrivas, bhoivaas, Bakrol





Batch	Roll No.	Name	Month							Month		Month	
			10/12	12/12	13/12	14/12	15/12	16/12	18/12	19/12	20/12	21/12	22/12
57	Amunci		P		P	P	P	P	P				
58	Gayman		P	P	P	P	P	P	P				
59	Ahni		P	P	P	P	P	P	P				
60	Aksha		P	P	.				P				
61	Anmol		P	A	P	P	P	P	P				
62	Ashwini		A	A									
63	Dhanvi		P	P	P	P	P	P	P				
64	Dhruvi		P	P	P	P	P	P	P				
65	Disha		P	P	P	P	P	P	P				
66	Faezabanu		A	P	P				P				
67	Gayatri		P	P	P	P	P	P	P				
68	Heer		P	P	P	P	P	P	P				
69	Kamona		P	P	P	P	P	L	P				
70	Kashish		P	P	A	P	P	P	P				
71	Kauma		A	P	P	.			P				
72	Kinjal		P	P	P	P			P				
73	Krishna		P	P	P				P	P			
74	Krupa Krupa		A	P	P				P				
75	Madhvi		P	P	A	P	P	P	P				
76	Madhvi Madhvi		P	P	P	P	P	P	P				
77	Nashin		P	P	P	P	P	P	P				
78	Nipa		P	P	P				P	P			
79	Pinal			P									
80	Prachi		P	P	P	P	P		P				
81	Priya		P	P	P	P			P	P			
82	Rima		P	P	P				P	P			
83	Rutu		P	P	P	P	P	P	P				
84	Seema		P	P	P	P			P	P			
85	Shahin		P	P	P	P	P	P	P				
86	Vanshika			P	P	P	P	P	P				
87	Vidhi Prayapati		P	P	P	P	P	P	P				
88	Vidhi Vagela		P	P					P	P			
89	Zeel		P	P	P	P	P	P	P				
90	Aasha			P	P				P				
91	Shruti		P	P	P	P	P	P	P				

S.M.Patel College of Home Science

(A Charutar Vidya Mandal Institute)

Affiliated to Sardar Patel University

Foods and Nutrition Department

Assessment Sheet for Internship 2023-2024

T.Y.B.Sc V Semester

Name of the Internee: Ritu Chirag Desai

Name of the Interning Institution: Panch Paliya Valasan, Solanki Vas Valasan
Anganwadi

Address:

Valasan

Duration: From 20/11/23 to 20/12/23

Please indicate your evaluation of the Internee's Performance on each of the factors below by placing (number) at an appropriate scale.

Sr. No.	Criteria's	1 Excellent	2 Good	3 Average	4 Fair	5 Poor
1.	Knowledge gained regarding Clinical assessment and diagnosis:	✓				
2.	Accuracy/thoroughness with which work is accomplished:	✓				
3.	Regularity /Punctuality of the Internee	✓				
4.	Co-cooperativeness with fellow Internee and employees:	✓				
5.	Confirmation to personal Grooming (appropriate dressing)	✓				
6.	Initiativeness in doing Work:	✓				
7.	Confirmation to sanitary Practices	✓				
8.	Confirmation to safety Practices:	✓				

S.M.Patel College of Home Science
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Foods and Nutrition Department
Assessment Sheet for Internship 2023-2024
T.Y.B.Sc V Semester

Name of the Internee: Dhanvi Chaubal.

Name of the Interning Institution: S.M.Patel College of Home science.

Address: Mota bazar, v.v.nagar.

Duration: From 20/11/23 to 26/12/23

Please indicate your evaluation of the Internee's Performance on each of the factors below by placing (number) at an appropriate scale.

		1	2	3	4	5
Sr. No.	Criteria's	Excellent	Good	Average	Fair	Poor
1.	Knowledge gained regarding Clinical assessment and diagnosis:		✓			
2.	Accuracy/thoroughness with which work is accomplished:		✓			
3.	Regularity /Punctuality of the Internee	✓				
4.	Co-cooperativeness with fellow Internee and employees:	✓				
5.	Confirmation to personal Grooming (appropriate dressing)	✓				
6.	Initiativeness in doing Work:	✓				
7.	Confirmation to sanitary Practices	✓				
8.	Confirmation to safety Practices:	✓				

Expt. No.

Date :

ଦ୍ର. ୧୫୨୭ ରାମ : ୨୩ମି ଅଧିକାଶ୍ୱୀ ୨୦୨

ଦ୍ର. ନିରୀକ୍ଷଣ ରାମ : ରାମା ରାମାକାଶ ୨୦୧

ଅନୁଗ୍ରହଣୀତ ରାମ : ଅନୁଗ୍ରହଣୀତାକାଶ ୨୦୩

ଶିକ୍ଷା - ୧୫୯

ରାମ : ନିରୀକ୍ଷଣ ୨୦୩ : ରାମାକାଶ : ୧୫୯. ୨. ୨୦୧୫

ରାମ : ଅନୁ ଶିକ୍ଷା ପୂର୍ବ ଦିନ ଅନୁଗ୍ରହଣୀତାକାଶ ୨୦୩ର ନିରୀକ୍ଷଣର ନିରୀକ୍ଷଣ ପୂର୍ବକ ପାଠ୍ୟ

ଅନୁ ଶିକ୍ଷା ରାମ : ଦିନ : ରାମାକାଶ ଅନୁ ଶିକ୍ଷା ପୂର୍ବ
ଦିନ ଅନୁଗ୍ରହଣୀତାକାଶ ୨୦୩ର ନିରୀକ୍ଷଣର ନିରୀକ୍ଷଣ ପୂର୍ବକ ଅନୁଗ୍ରହଣୀତା
ଅନୁଗ୍ରହଣୀତାକାଶର ନିରୀକ୍ଷଣ ପୂର୍ବକ ଅନୁଗ୍ରହଣୀତାକାଶର ନିରୀକ୍ଷଣ ପୂର୍ବକ ଅନୁଗ୍ରହଣୀତାକାଶର
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ଶିକ୍ଷକ - Sunaba Sh

૯૩ / ૨ / ૨૦૨૪

વાઘેલા કિશોરજી અભિલાષ

પ્રતિબ્ધી

આજીયા આર્મી મંડલ , વિજયા અગ્રવાલ મંડલ
એસ. એમ પર્લ કોલેજ આર્ટ્સ કોમ આયન્શ
મોરો બન્નર , વિદ્યાનગર આગંદ

આપની વિદ્યાર્થીની ગાયત્રી દર્મી , દુલા જીવાળી , વંશીકા
મેવાલા અમારી આંગળવાળી અવુલ પાર્ક પવસ્તારમાં (૨૦૨૩)
પાશ દિવસ સુદા આવેલ રતા.

તી દિવસી દરમ્યાન આપની વિદ્યાર્થીનીઓ આ બાલકી
નું વન્ન , રીંચાદ , બાવલા નું માપ , માયાની ગોલાદ
ઠાલી નું માપ અને સારનું માપ કર્યું રત.

ઉપરાંત તેઓએ વિવિધ રતલી , વાર્તા અને રીધાં
દ્વારા બાલકી ને ઉત્સાહ આર્પ મનોરંજન કરાવું.

વિવિધ ફલ , ફૂલ , શાકલાત્રુ ના નામો ઉપરાંત અડવાત્રુ
અને મરિના ના નામ નું બોલાવું .

તયા અગળ્યાં - ઘાષા માવું નું ઘરે જઈને મુલાકાત
બોધા ઉપરાંત તેઓને પ્રાપ્તિવત્રુ વિશે પ્રાણીત આપ
આપના વિદ્યાર્થીઓ આ અડી પુલ અરસ રીત
કાલે કર્યું .

લી

આ. વર્કર વાઘેલા કિશોરજી

આ. દિવર - વરુ

વાઘેલા કિશોરજી અભિલાષ

કોડ નં :- ૨૦૩

અવુલ પાર્ક , ડરમસદ



CERTIFICATE

This is to Certify Ms./Mrs. _____
from S. M. Patel College of Home Science, Vallabh Vidyanagar, has successfully completed
One month Internship from 20-11-2023 to 20-12-2023 in Anganwadi Centers allotted to
her by the ICDS Department, District Panchayat ANAND. During her Internship, she
undertook training in Nutritional Assessment, Nutrition Health Education, Modification of
Community Diets, and Diet Counselling of beneficiaries. She exhibited exceptional
professionalism, teamwork, and adaptability, making valuable contributions to the projects
and initiatives undertaken during the Internship.


Program Officer

ICDS, District Panchayat, Anand.

