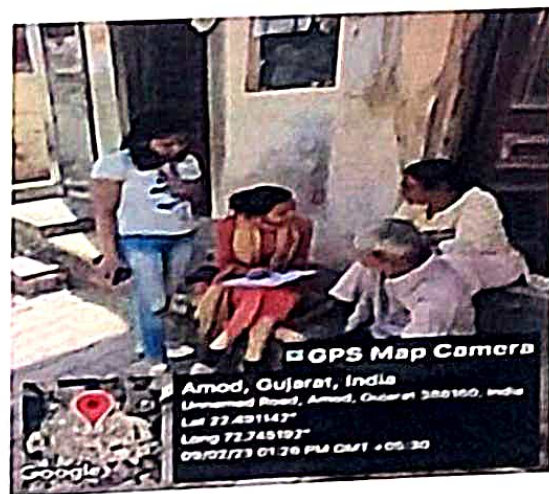


[A Charutar Vidya Mandal Institute]
S. M. Patel College of Home Science
Accredited B++ by NAAC, GSIRF 4 Star,
College with Potential for Excellence (CPE-II)
Affiliated with Sardar Patel University
Vallabh Vidyanagar -Gujarat

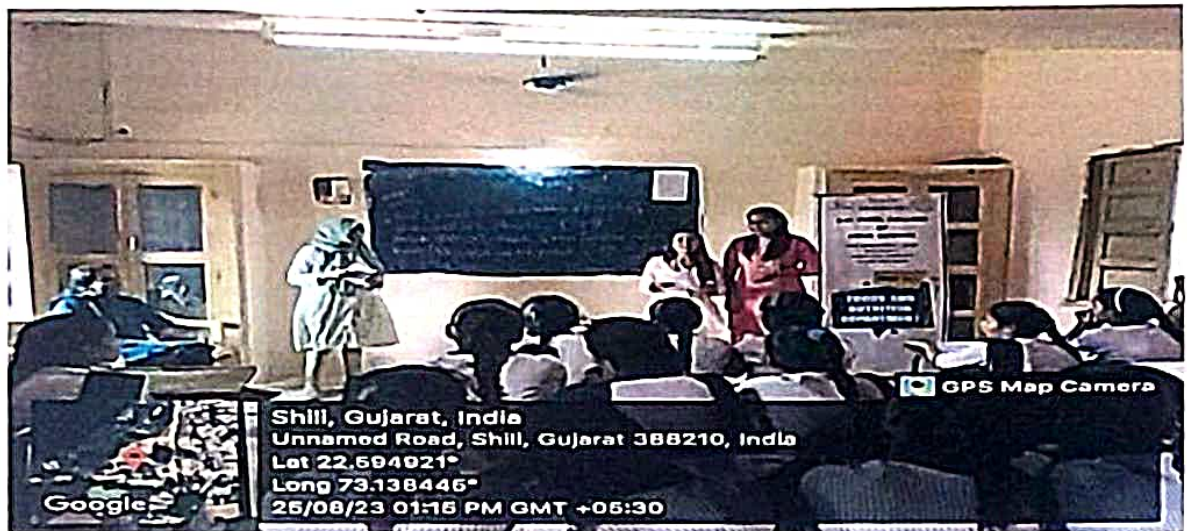
Report – UBA Activities (2019-24)

The Unnat Bharat Abhiyan (UBA) is the national level flagship program of the Ministry of Education, Government of India, launched on November 11, 2014. It aims to foster participatory and sustainable growth for the comprehensive development of rural areas. Through the adoption of villages by educational institutions, UBA seeks to improve the socio-economic conditions of rural communities. The Sardar Vallabhbhai National Institute of Technology (SVNIT), Surat, serves as one of the Regional Coordinating Institutes, providing guidance, mentorship, and support to participating institutions.

Our college has embraced the spirit of UBA by adopting five villages in the Anand District: Sihol, Bhavanipura, Agas, Amod, and Shilli. The various departments of our college have undertaken a range of activities aimed at uplifting these communities. We have conducted village and household surveys in all five villages to gain insights into their specific needs and challenges.



❖ **Food and Nutrition Department:** To improve and maintain the health status of the girls, they were sensitized with an expert talk by on “balanced diet and its importance in daily life”. Apart from that, the third-year students of the Department explained the importance of food and nutrition along with entertainment by playing various beautifully designed games. Like, Nutrition bingo, riddles on nutritious food, quiz competition, drawing of foods as per different food groups etc.

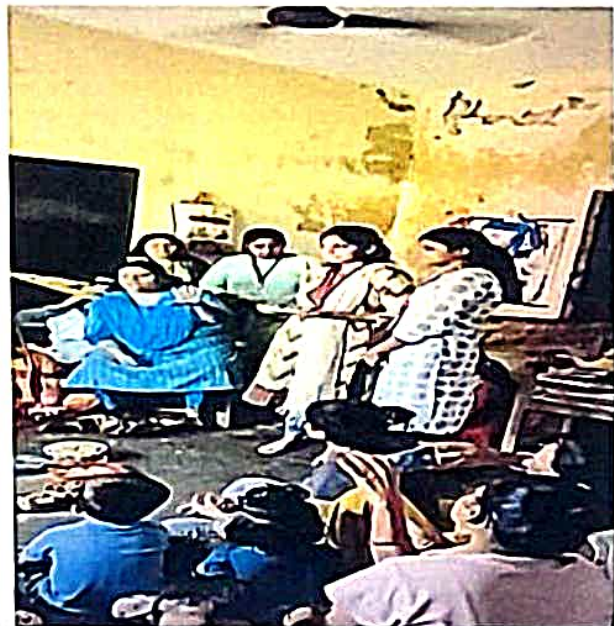
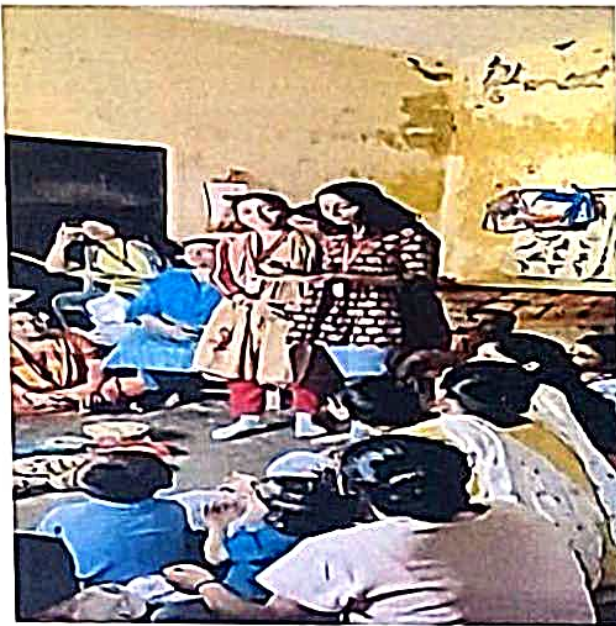


❖ To promoting the socio-economic benefits of millets in the community the Foods and Nutrition department distributed a Millets Kit, which included Finger millet, Kodo Millet, and popped amaranth seeds laddu, to the Anganwadi’s children and mothers and aware them about the benefits of Millets at Sihol village.

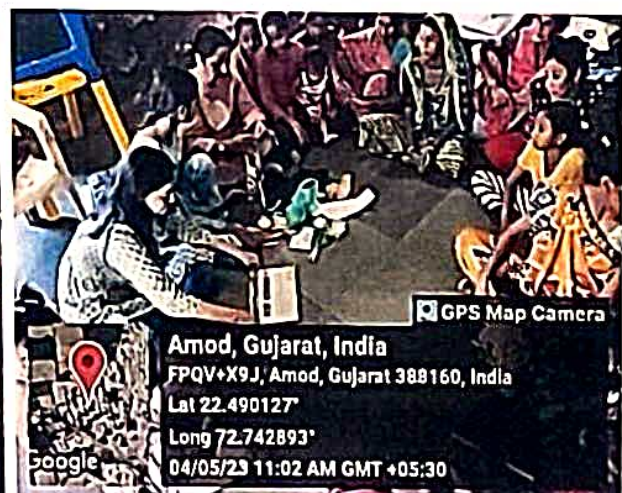
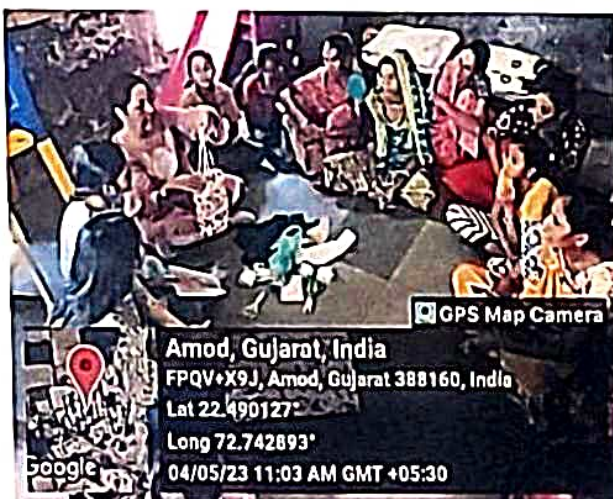


❖ During International Breastfeeding Week, the department provided interventions aimed at increasing milk production through the promotion of millet-rich diets and breastfeeding practices.

The department also educated women about the benefits of breastfeeding, including the importance of colostrum and the establishment of human milk banks.



The Department of Family Resource: The Department organized a workshop on Income Generating Activities in Amod village as part of the Unnat Bharat Abhiyan initiative. This workshop specifically targeted underprivileged women in the community. During the workshop, participants were trained in creating shopping and gift bags using paper, as well as various styles of jewelry making. This initiative not only aims to empower women by providing them with new skills but also encourages entrepreneurship and economic independence within the community.





The Department of Textile and Clothing: In Agas village, the Department gave demonstration of surface decoration method on fabric and several embroidery techniques, including the satin stitch, the herringbone thread, the chain stitch, and Printing technique with stencil printing to women of the village as income generating activities.



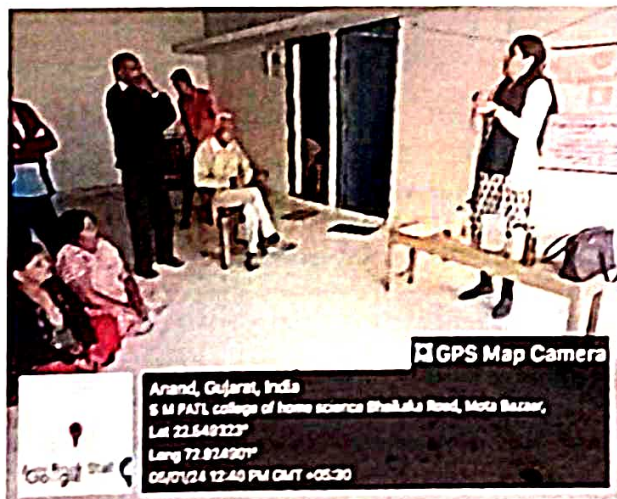
The Department of Human Development: Through various initiatives, the department aims to foster creativity, skill development, and overall well-being among the Anganwadi children. Some of the activities conducted include:

- **Leaf Printing:** Encouraging children to explore nature's beauty and express themselves artistically through leaf printing.
- **Pen Stand Making Using Waste Materials:** Promoting environmental awareness and creativity by teaching children to repurpose waste materials into useful items like pen stands.
- **Clay Modeling:** Providing children with a tactile and engaging experience to express their creativity and imagination through clay modeling.
- **Origami:** Introducing children to the art of origami, enhancing their fine motor skills and cognitive abilities through the folding of paper into various shapes and figures.
- **Thumb Printing:** Stimulating children's creativity and artistic expression by using thumbprints as a medium for creating colorful and imaginative artwork.

These activities not only contribute to the holistic development of the children but also instill in them a sense of appreciation for art, creativity, and sustainability.



Basic Science Department: In rural areas, income-generating activities play a vital role in uplifting communities and fostering economic development. Department of the college had conducted workshops on Income Generating activities. Given demonstration of household cleansing agents like Phenyl, Dish washing liquid and Detergent powder to the villagers of Shilli, Bhavanipura and Sihol. The primary objective of these demonstrations is to empower villagers with practical skills and knowledge to create marketable products using locally available resources. By showcasing the production of items like phenyl and dishwashing liquid, the aim is to encourage entrepreneurship, supplement household incomes, and promote sustainable practices.



- ❖ To promote the overall well-being and health of the school children, an Ayurvedic medical checkup camp was organized at L. C. Patel Primary School at Bhavanipura village. An experienced team of Ayurvedic doctors of S. G. Patel Ayurved Hospital/College, New Vallabh Vidyanagar, extended their expert service for the noble purpose.



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