

Departmental activities
report

Family Resource Management
2024-2025

S.M. PATEL COLLEGE OF HOME SCIENCE

Department of Family Resource Management (2024-25)

Name of the Department In-charge: Dr. Nidhi Gupta

1.0 Summer internship

As part of their curriculum, fourth-semester Family Resource Management students completed practical training from May 1st to 30th in the hospitality and event management sectors. This year, they partnered with Vadodara's The Tulip Touch event management company and Nadiad's Boulevard Resort. Students gained hands-on experience in various hotel departments (Food & Beverage, Housekeeping, Front Office, etc.), learning guest service, room maintenance, dining procedures, and linen/cutlery management. In event management, they observed client management and event execution. They attempted to gather more information on the basic job functions of all Departments to have a better understanding. They completed all assigned duties and the logbook given by their respective Department heads. They also brought improvisation in their personal development, like grooming, etiquette, and professional behavior. The commitments and dedication of all interns are well appreciated by all department heads.

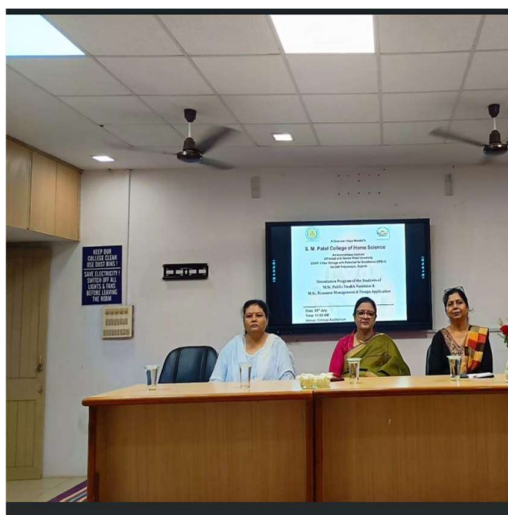


2.0 An Educational visit to SMAID architectural college.

Second and third-year Family Resource Management students from Home Science College gained valuable insights into architecture and interior design during a field trip to a top school on July 26, 2024. The visit, inspired by Principal Dr. Bhavana Chauhan and arranged by Dr. Nidhi Gupta, Dr. Ekta Pandya, and Khushi Gajjar, featured a guided tour by Principal Ruma Singh, who explained construction materials and wiring. Students were enthusiastically engaged by capturing photos and asking questions, receiving comprehensive answers, making it a highly educational experience.



3.0 M.Sc. RMDA Orientation Program: The Department of Family Resource Management at S. M. Patel College of Home Science, Vallabh Vidyanagar, organized an orientation programme for the newly admitted students of the M.Sc. Resource Management and Design Application (RMDA) and M.Sc. Public Health and Nutrition (PHN) programmes. The event commenced with the traditional lamp-lighting ceremony in the presence of Principal Dr. Bhavana Chauhan, faculty members, and students. During the session, students were introduced to the curriculum, academic regulations, career opportunities, research prospects, and co-curricular activities. Faculty members motivated students to actively participate in academic and research pursuits while preparing for competitive examinations such as UGC-NET, encouraging them to strive for excellence throughout their postgraduate journey.





Anand, Gujarat, India
S M Patel College Of Home Science Vallabh Vidyanagar
388120, India
Lat 22.54937°
Long 72.924565°
29/07/24 11:20 AM GMT +05:30



Anand, Gujarat, India
S M Patel College Of Home Science Vallabh Vidyanagar,
Anand, Gujarat 388120, India
Lat 22.54937°
Long 72.924565°
29/07/24 11:53 AM GMT +05:30

એસ. એમ. પટેલ કોલેજ ઓફ હોમ સાયન્સ (ઓટોનોમસ) ખાતે MSc પ્રોગ્રામનોદિક્ષા આરંભ યોજવામાં આવ્યો

વિશાખનગર, તા.૩૧
એસ. એમ. પટેલ કોલેજ
ઓફ હોમ સાયન્સ
(ઓટોનોમસ) ખાતે રિસોર્સ
મેનેજમેન્ટ અને ડિઝાઇન
એપ્લિકેશન (RMDA) અને
પબ્લિક હેલ્થ ન્યુટ્રિશન
(PHN)માં તથા નવા
ખજાના પ્રોગ્રામનો દિક્ષા
આરંભ યોજવામાં આવ્યો.
આદરણીય આચાર્ય, ડૉ.
ભાવના ચૌહાણે, ભાવિ વિદ્યાર્થીને
ઘડવામાં આ નવા કાર્યક્રમના
મહત્વ પર ભાર મૂકતા
પ્રેરણાદાયી શબ્દો વ્યક્ત કર્યા.
રિસોર્સ મેનેજમેન્ટ અને
ડિઝાઇન એપ્લિકેશનના
(RMDA) ક્ષેત્ર સંબંધિત ડૉ.
નિધિ ગુપ્તા અને પબ્લિક હેલ્થ
ન્યુટ્રિશન (PHN) પર
શ્રીમતી શાહિયા શર્માની
મુદ્દવાન આત્મદક્ષિણે અમારા
નવા વિદ્યાર્થીઓમાં જાગૃતતા
ફેલાવી.

તેમજ કોલેજની
અભ્યાસીક સુવિધાઓ,
સમર્પિત પ્રયોગશાળાઓ,



વાપરેરી અને શીખવાના
અનુભવોને વધારવા માટે
સ્થાપેલ સર્વનામક જગ્યાઓનું
પ્રદર્શન કર્યું.
એમએસસી પ્રોગ્રામ
અભ્યાસક્રમ વિભાગોના
સમર્પિત ફેકલ્ટી દ્વારા
ઝીણવટપૂર્વક તૈયાર કરવામાં
આવ્યો હતો ઉપરાંત
RMDA અને PHNમાં

ખજામાં અમારો અગ્રણી
અભ્યાસક્રમ UGC-NET
અભ્યાસક્રમને ધ્યાનમાં રાખીને
આધુનિક વિશ્વની માંગને
પહોંચી વળવા, વિદ્યાર્થીઓને
અદ્યતન જ્ઞાન અને કૌશલ્યોથી
સજ્જ કરવા માટે તૈયાર કરવામાં
આવ્યો છે જેના સુચનો માટે
નિમ્ણતાને મોકલવામાં આવ્યો
હતો.

4.0 Internship

As part of their curriculum, fourth-semester Family Resource Management students participated in a 30-day industry training program in December 2025. This collaborative effort involved various esteemed organizations i.e. Madhubhan resort and spa (Anand), Sayyaji hotel (Vadodara), Aimer events (Ahmedabad), Harthvi Events (Nadiad), Comfy Furniture (Vallabh Vidyanagar) and Yaam architects and interiors (Vallabh Vidyanagar)

This program successfully bridged the gap between classroom theory and real-world practice in hospitality and event management. Students gained hands-on experience in hotels, learning essential operations like food and beverage service, housekeeping, and front office tasks directly from department heads. They also received comprehensive event planning training from Aimer and Harthvi events, covering everything from conceptualization to executing various events, including weddings and house parties. Additionally, students learned basic to interior design concepts with Yaam Interiors and Architects.

Throughout the program, students honed their skills in guest interaction, catering to requests, organizing recreational activities, maintaining rooms, and food service. They acquired knowledge of linens, cutlery, laundry services, and the art of creating an inviting guest environment. Additionally, they observed event planners in action, gaining insight into the behind-the-scenes work involved.

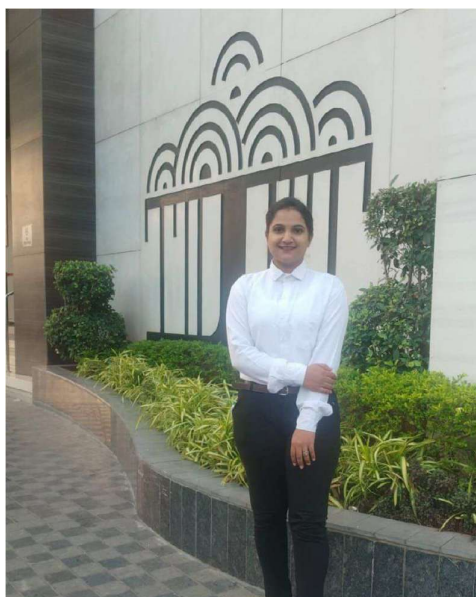
By actively participating in all departments, students gained a comprehensive understanding of the hospitality industry. They diligently completed assigned tasks and meticulously documented their experiences in logbooks. Moreover, the program fostered personal development by focusing on aspects like grooming, etiquette, professionalism, communication, and leadership and also discipline. The department heads of organizations commended the interns for their commitment and dedication.

The program concluded with a certificate, stipend and a daily provision of breakfast, lunch, and high tea for the participating students.

Sixth-semester students from the Family Resource Management Department gained valuable practical experience in the hospitality and event planning sectors between November 16th and December 17th, 2024. This year's curriculum included partnerships with leading organizations in Anand District and beyond: Madhubhan Resort and Spa, Hotel Sayaji Vadodara, YAAM Interiors, Harthvi Events of Nadiad, and Comfy Furniture. Students were immersed in real-world scenarios, learning essential skills like guest relations, room management, food and beverage service, event decoration, and client communication. They diligently completed assigned tasks, maintained detailed logbooks, and focused on personal development, including professional etiquette and communication. Mentors praised the students' commitment, and they

were rewarded with daily meals, stipends ranging from Rs. 2000 to 6000, and certificates of completion upon concluding the 30-day program.





5.0 Bookmark Making Workshop

Additionally, on December 11, 2024, the Family Resource Management Department organized a Book mark making workshop at S.M. Patel College of Home Science. Dr. Ekta Pandya led the workshop, which saw participation from 34, 11th and 12th grade students of CVM Higher Secondary School of Home Science. Ms. Khushi Gajjar and Dr Ekta Pandya instructed the students in bookmark making with boho art, leaf printing and calligraphy, offering an enriching learning experience. Organized under Dr. Nidhi Gupta's guidance and with Dr. Bhavna Chauhan's motivation, 34 students competed with innovative book mark making ideas.





6.0 Pre-exhibition the day before open house : A pre-exhibition was arranged on 26th December 2025 before the open house to get the opinion of the faculty and students and perspective view related to prices and products prepared by the students of FRM.



7.0 Open House

On December 27 and 28, 2024, S.M. Patel College of Home Science organized the 'Spandan' Open House, a well-coordinated event led by Principal Dr. Bhavna Chauhan and supervised by Dr. Nidhi Gupta. The Family Resource Management department set up an exhibition-cum-sale stall where fourteen Third-year students, guided by instructor Ms. Kalpna Srivastava and assisted by Ms. Khushi Gajjar, Dr Ekta Pandya, and Ms. Kiran Patel, displayed a variety of artworks including paintings, murals, vintage bottles, bookmarks, Mini Bajoths, key chains, decorative mirrors and coasters. The event proved to be a valuable and enriching experience for all involved.



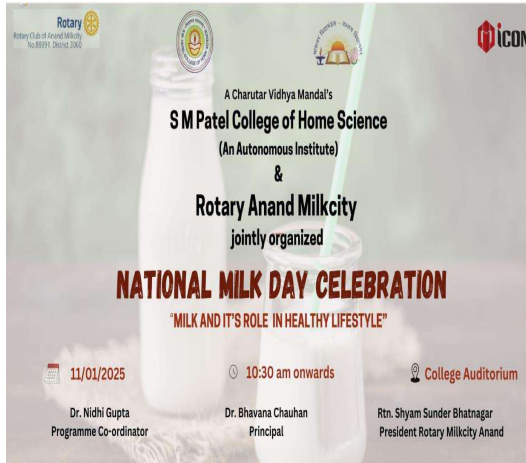
8.0 Consumer Week Celebration

S. M. Patel College of Home Science celebrated Consumer Awareness Week (Dec 24-30, 2024) with impactful programs in various schools and colleges. Led by Principal Dr. Bhavana Chauhan and Dr. Nidhi Gupta, the week featured lectures, expert talks, and role-plays addressing consumer fraud and rights. Activities included lectures by Dr. Nidhi Gupta and Dr. Ekta Pandya, expert talks on consumer responsibilities, and engaging role-plays by FRM students on foreign visa and investment frauds. Interactive games on standard marks reinforced learning. Events were held at N. L. Patel School, H. L. Patel School, M. M. Sons Highschool, Anand Highschool, P. P. Patel School, CVM Higher Secondary School, and Surya International School. The programs reached over 400 students, raising awareness about consumer rights and fraud prevention. The initiative successfully empowered students to become informed consumers.



9.0 Milk day Celebration

On January 11th, 2025, the S. M. Patel College of Home Science, Vallabh Vidyanagar, in collaboration with Rotary Milk City Anand, celebrated Milk Day under the guidance of Principal Dr. Bhavna Chauhan and Departmental Head Dr. Nidhi Gupta. The event featured lectures, poster presentations, and discussions focusing on the importance of milk. Approximately 35 students participated in the poster competition, while 86 students attended the expert lectures by Mr Samir Saxena, Mr Mukesh Dave, Mr Subrota Hathi from Amul and Mr Shayam Bhatnagar from Rotary Anand Milkcity, who served as chief guests. Their insights on milk's nutritional value and the community's role in dairy farming enriched the program. The day successfully promoted milk awareness, engaging students and fostering a deeper appreciation for milk's role in a balanced diet. Thanks to the combined efforts of the college's leadership and Rotary Milk City Anand, the event achieved its goal of educating and inspiring participants about the benefits of milk.



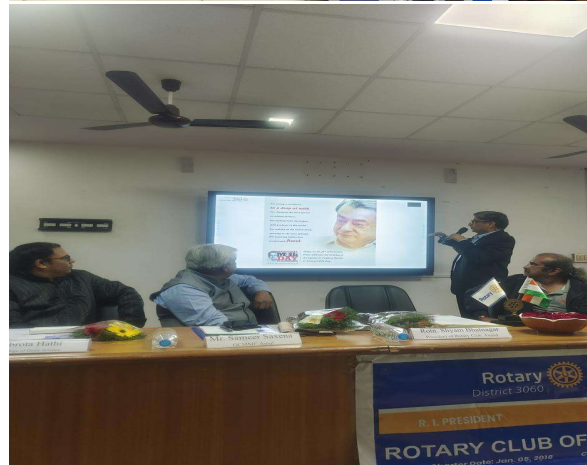
એસ. એમ. પટેલ કોલેજ ઓફ હોમસાયન્સ દ્વારા મિલ્ક ડેની ઉજવણી

વિદ્યાનગર, તા. ૨૧
ચાલતર વિદ્યામંડળ દ્વારા
સંચાલિત વલ્લભ વિદ્યાનગર
સ્થિત એસ. એમ. પટેલ
કોલેજ ઓફ હોમસાયન્સ
(ઓટોનોમસ) અને રોટરી
આણંદ મિલ્કસિટી ક્લબના
સયુક્ત ઉપક્રમે મિલ્ક ડે ની
ઉજવણી કરવામા આવી.
મિલ્ક ડે ઉજવણીનો કાર્યક્રમ
પ્રિન્સિપાલ ડૉ. ભાવના
ચૌહાણના માર્ગદર્શન હેઠળ
અને સંચાલન વિભાગીય વડા
ડૉ. નિધિ ગુપ્તાતથા ડૉ.
શાશ્વિયા શર્મા દ્વારા કરવામા
આવ્યુ હતુ. કાર્યક્રમમા સમીર



સક્સેના, મુકેશ દવે
(જિ.સી.એમ.એમ.એફ.
અમુલ), શ્રી શ્યામ ભટનાગર
(પ્રેસિડેન્ટ, રોટરીઆણંદ

મિલ્કસિટી ક્લબ આણંદ), અ
ડૉ. સુબોતા હાથી (એસ. એ
સી ટરી સાયન્સ કોલેજ) હાજ
રથા હતા.



10.0 Report on the Certificate Course: The Art of Floral Arrangement

In August 2024-25, The Department of Family Resource Management efficaciously conducted a certificate course on "*The Art of Floral Arrangement*." This 30-hour, 2-credit course was open to individuals who had completed the 10th grade.

Ms. Kalpana Srivastava, the course coordinator, designed the program to balance both theoretical and practical aspects. The curriculum covered the history of floral design, suitable flowers and foliage, essentials of floral decoration, and various types of flower arrangements, including both traditional and contemporary styles. A special highlight of the course was Ikebana, which captivated the interest of the participants.

To enhance practical learning, participants were required to create a portfolio showcasing their floral arrangements. The course's primary objective was to equip participants with the technical knowledge and skills necessary for floral design, arrangement, and decoration. Through hands-on experience, learners gained confidence in working with flowers and floral materials, preparing them for potential careers in floral design and related fields.

Fifteen participants happily and successfully completed the certificate course. The course was well-received and successfully provided valuable insights and practical expertise to all participants.





11.0 Tourism Week Celebration

On the occasion of National Tourism Day, the Department of Family Resource Management celebrated a week of national tourism. The Tourism Week Celebration, held from January 20th to January 25th, 2025, aimed to promote tourism, cultural heritage, and local attractions. The event featured various competitions and activities to engage students and raise awareness about sustainable tourism.

Event Highlights:

20/01/2025: Quiz Competition (Preliminary Round) - National / International Tourism

21/01/2025: Slogan Competition - Sustainable Tourism

22/01/2025: Video Making & Vision Board Competition on Eco-Tourism & Heritage Tourism

23/01/2025: Incredible India Fiesta - The highlight of the event

24/01/2025: Final Round of Quiz Competition

25/01/2025: Dances of India

Students from FY, SY, and TY actively participated with great enthusiasm. With the guidance of the college principal, Dr. Bhavaana Chauhan, and the support of the department staff, the program was meticulously planned and successfully executed by the Tourism Club in-charge, Ms. Kalpana Srivastava. Additionally, student in charges Dharmi Patel, Aaliya Khan, and Reetu Suthar played pivotal roles in organizing and conducting the event. Nearly 100 students took part in this grand celebration, making it a resounding success.





એસ. એમ. પટેલ કોલેજ ઓફ હોમસાયન્સ (ઓટોનોમસ) દ્વારા “ટ્રાવેલ ઑંડ ટુરિઝમ” વિકનીઉજવણી કરાઈ

આજંદ, તા. ૨૯
ચાતુર વિદ્યામંડળ વલ્લભ
વિદ્યાનગર દ્વારા સંચાલિત
એસ. એમ. પટેલ કોલેજ ઓફ
હોમ સાયન્સ (ઓટોનોમસ)
ના કેમિલિ રિસોર્સ મેનેજમેન્ટ
વિભાગના ટુરિઝમ ક્લબ
દ્વારાતા. 20/01/2025 થી
તા. 25/01/2025 દરમિયાન
“નેશનલ ટુરિઝમ” વિકની
ઉજવણી કરવામા આવી હતી.
કાર્યક્રમનું સંચાલન કોલેજના
વડા ડો. ભાવના ચૌહાણના
માર્ગદર્શન હેઠળ ક્લબ ઇનચાર્જ
પ્રાપ્ત્યાપક કલ્પના શ્રીવાસ્તવા, ડો
નિધિ ગુપ્તા અને વિભાગના
સ્ટાફગણ દ્વારા કરવામા આવ્યું.
ચાતુર વિદ્યામંડળના ચેરમેન
શ્રી ભીખુભાઈ પટેલ દ્વારા
ઉજવણી નિમિત્તે આશિર્વાદ
પાઠવ્યા હતા.

કાર્યક્રમનું ઉદ્ઘાટન
ચાતુર વિદ્યામંડળના માનનીય



જોઈન્ટ સેક્રેટરી શ્રી રમેશભાઈ
તલાટી દ્વારા કરવામા આવ્યું
હતું. “નેશનલ ટુરિઝમ” વિક
અંતર્ગત સ્લોગન હરિકાઈ,
ક્રિવજ હરિકાઈ, વિડિયો
મેકિંગ, વિઝન બોર્ડ, ઇસ
હરિકાઈ અને ઇનક્રિબલ
ઇન્ડિયા ફિયાસ્ટા 2025 ની
પણ ઉજવણી કરવામા આવી
હતી. જેમા 26 જેટલા પ્રદેશોને
ઇનક્રિબલ ઇન્ડિયા થિમ સાથે
તેના પહેરવેશ, ભાષા, ખોરાક,
આર્ટ, અને કલચર સાથે પ્રસ્તુત

કરવામા આવ્યા જેનો મુખ્ય
ઉદ્દેશ અલગ-અલગ રાજ્યોની
વિવિધતાથી અવગત કરાવવાનો
હતો. જેનો લાભ કોલેજના
દરેક વિભાગના વિદ્યાર્થીઓ,
શાળાના બાળકો, વિદ્યાર્થીઓના
કુટુંબીજનોએ લીધો હતો.
કાર્યક્રમમા 80 થી વધુ
વિદ્યાર્થીઓએ ઉત્સાહપૂર્વક
ભાગ લીધો હતો. ઉજવણીમા
કોલેજના તમામ સ્ટાફગણ અને
વિદ્યાર્થીઓએ હાજરી આપી
હતી.

12.0 Mask Making workshop

On February 8, 2025, the Family Resource Management department organized a Mask Making Art Workshop for students from various departments. Led by Dr. Ekta Pandya, the Expression Club in-charge, and supported by Ms. Mukti Mistry, the session enabled 34 students to create a diverse range of clay face masks showcasing different expressions and genders. Ms. Vrushti Patel and Reetu Suthar played a key role in conducting the workshop, while students had the opportunity to market their creations within the college, receiving numerous orders. This hands-on experience provided valuable insights into entrepreneurship and income generation. The initiative not only encouraged creativity but also nurtured a spirit of innovation and leadership among students. The workshop was conducted under the guidance of Dr. Nidhi Gupta and inspired by the motivation of Dr. Bhavna Chauhan.





13.0 Unlock the Nutrients: Discover Composting

On January 31, 2025, S.M.Patel College of Home Science's Family Resource Management and Eco-club presented "Unlock the Nutrients: Discover Composting," a vermicomposting lecture. Mr. Altaf Pathan, owner of Bageechawala Green Gallery, served as the expert, educating first-year, third-year, and M.Sc. students. He detailed the science of vermicomposting, emphasizing earthworm roles and optimal conditions. Mr. Pathan highlighted vermicompost benefits: nutrient-rich soil, improved structure, and plant growth enhancement. Through online demonstrations, he covered setting up vermicomposting units, from material selection to earthworm introduction and proper feeding. Students gained valuable practical knowledge, enhancing their understanding of sustainable waste management.

