



INTERNSHIP REPORT
DEPARTMENT OF FOODS AND NUTRITION
ACADEMIC YEAR-2024-2025



Internships are important for college students because they provide practical real-world experience, build professional networks, and significantly improve full-time job prospects after graduation. The Department of Foods and Nutrition has been successfully conducting internship for many years. The students did their internship in various sectors like Diet clinic, Multispecialty Hospitals, Hospitality sectors Food Industry and ICDS centers under the guidance of a supervisor. For most students it was first time visiting the hospitals or food industry.

The activities included:

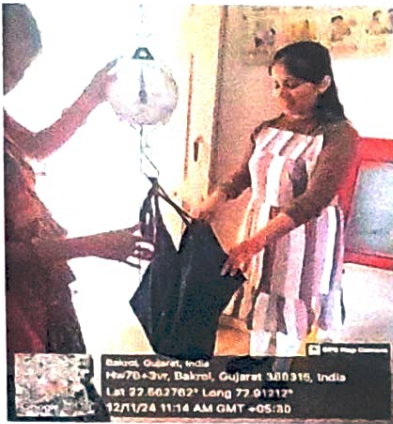
1. Counseling the patients.
2. Learning about the functioning of dietetics department.
3. Visiting kitchen and learning the functioning of kitchen hospitals.
4. Preparing diet charts and calculating nutrients.
5. In food industry they learnt about production lines, HACCP other standard and worked under supervisor in different departments.
6. In ICDS learnt about the organization, different schemes of the government and how to work with adolescents, children pregnant women.
7. They learnt how to operate poshan tracker and took height and weight.



SHAZIA SHARMA
INCHARGE
DEPT OF FOODS & NUTRITION
S. M. PATEL COLLEGE OF HOME SCIENCE


5/8/26

DR. BHAVANA CHAUHAN
PRINCIPAL
S. M. PATEL COLLEGE OF
HOME SCIENCE
V. V. NAGAR-388120



SR.NO	NAME OF THE STUDENT	PLACE OF INTERNSHIP
1.	Bindiya .D.Gohel	Prajapati malekwas anganwadi Kendra,bakrol
2.	Sargara Kinjal	Prajapati malekwas anganwadi Kendra,bakrol
3.	Harijan Jaimini	Prajapati malekwas anganwadi Kendra,bakrol
4.	Patel Krishna Anilkumar	Shri Krishna Hospital, Karamsad
5.	Panchal Krisha kaushikkumar	Shri Krishna Hospital, Karamsad
6.	Patel Dharti Kiranbhai	Shri Krishna Hospital, Karamsad
7.	Jani Tisha Riteshkumar	Shri Krishna Hospital, Karamsad
8.	Patel Shivani Jashbhai	Shri Krishna Hospital, Karamsad
9.	Konkanio Nidhi Hashmukhbhai	Shri Krishna Hospital, Karamsad
10.	Rohit Bharti	Anganwadi Centre ,Aaklav
11.	Sengani kunjai jayesh	Dr.Jivraj Mehta Smarak Health Foundation,Ahemdabad
12.	Talati Deeya Nrupal	Dr.Jivraj Mehta Smarak Health Foundation,Ahemdabad
13.	Amin Maitheli Hetal kumar	Dr.Jivraj Mehta Smarak Health Foundation,Ahemdabad
14.	Solanki Aisha Hitesh kumar	Dr.Jivraj Mehta Smarak Health Foundation,Ahemdabad
15.	Patel Bhumi Jitendra kumar	Dr.Jivraj Mehta Smarak Health Foundation,Ahemdabad
16.	Honey Patel	Muljibhai Urological Hospital
17.	Sakshi pateliya	Muljibhai Urological Hospital
18.	Vidhi Patel	Muljibhai Urological Hospital
19.	Khushi Shastri	Muljibhai Urological Hospital
20.	Himani Bhatt	Muljibhai Urological Hospital
21	Fatema Sugra Bugadwala	ICDS Centre Lunavada
22	Ummesalma petladwala	Darbar ni Khadki,Bakrol
23	Shirin banu Doi	Darbar ni Khadki ,Bakrol
24	Nandini Patel	Goya Bhagol-1,Bakrol
25	Dave Ayushi	Goya Bhagol-1,Bakrol
26	Hima patel	Goya Bhagol-1,Bakrol
27	Nimisha zala	Vhorvad Anganwadi, Bakrol
28	Rana Aisha	Vhorvad Anganwadi, Bakrol
29	Maithili Amin	Dr.Jivraj Mehta Smarak Health Foundation,Ahemdabad

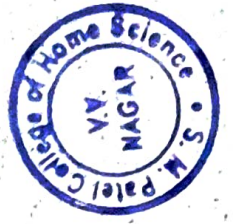
Attendance of Interns of S.M. Patel College of Home Science

Sr. No.	Name of Student	09-Nov	10-Nov	11-Nov	12-Nov	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov	18-Nov	19-Nov	20-Nov	21-Nov
		Friday	Saturday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
1	Honey Patel	Present	Present	Present	Present	Absent	Present	Present	Present	W/O	Present	Present	Present	Present
2	Sakshi Pateliya	Present	Present	Present	Present	Present	Present	Present	Present	W/O	Present	Present	Present	Present
3	Vidhi Patel	Present	Present	Present	Absent	Present	Present	Present	Present	W/O	Absent	Absent	Absent	Absent
4	Khushi Shastri	Present	Present	Present	Present	Present	Present	Present	Present	W/O	Present	Present	Present	Present
5	Himani Bhatt	Present	Present	Present	Present	Present	Present	Present	Present	W/O	Present	Present	Present	Present

Duration 1 month

(08 Nov '24 to 09 Dec '24)

gauri divedi
MPUH Noida



S.M.Patel College of Home Science

(A Charutar Vidya Mandal Institute) Affiliated to Sardar Patel University

Foods and Nutrition Department

Assessment Sheet for Internship 2024-2025

L.Y.B.Sc. VI Semester

Name of the Trainee: KHUSHI SHASTRI

Name of the Training Institution:

MULJIBHAI PATEL UROLOGICAL HOSPITAL

Address:

Dr. Virendra Desai Road,
Nadiad, 387001, Gujarat, India

Duration:

1 month

Please indicate your evaluation of the Trainee's Performance on each of the factors below by placing (number) at an appropriate scale.

Scale:

1	2	3	4	5
Excellent	Good	Average	Fair	Poor

1. Knowledge gained regarding Clinical assessment and diagnosis: 01
2. Accuracy/thoroughness with which work is accomplished: 01
3. Regularity/Punctuality of the Trainee: 01
4. Co-operativeness with fellow Trainees and employees: 01
5. Confirmation to personal Grooming (appropriate dressing): 01
6. Initiabiveness in doing Work: 01

7. Confirmation to sanitary Practices: 01
8. Confirmation to safety Practices: 01
9. Ability to complete work in time: 01
10. Readiness to learn Ask questions: 01
11. Confirmation to Institution's Rules and norms: 01
12. Communication skills nutritional Counselling skills: 01
13. Ability to build up report with supervisors: 01 The best report
14. Response to the suggestions of supervisors: 01
15. Ability to be systematic and well organised: 01

Overall Assessment and general comments by CDPO/Mukhya Sevika

Has an excellent potential to learn more in her field. Soft spoken & courteous person.

CDPO/Mukhya Sevika
(Name)

N/A

Designation

N/A

Signature

Date:

N/A

Departmental

Head

(Name)

PARANA TRIVEDI

CHIEF CLINICAL DIETITIAN

MPUH, NAGAR

Signature

Date

Parana Trivedi
21/03/25



S.M.Patel College of Home Science
(A Charutar Vidya Mandal Institute) Affiliated to Sardar Patel University
Foods and Nutrition Department
Assessment Sheet for Internship 2024-2025
T.Y.B.Sc. VI Semester

Name of the Trainee: **VIDHI BHAVESHBHAI PATEL**

Name of the Training Institution: **MULJIBHAI PATEL UROLOGICAL HOSPITAL**

Address: **Dr. Vinendra Desai Road,
Nadiad, 387001 Nadiad, Gujarat**

Duration: **1 Month.**

Please indicate your evaluation of the Trainee's Performance on each of the factors below by placing (number) at an appropriate scale.

Scale:

1	2	3	4	5
Excellent	Good	Average	Fair	Poor

1. Knowledge gained regarding Clinical assessment and diagnosis: **01**
2. Accuracy/thoroughness with Which work is accomplished: **02**
3. Regularity /Punctuality of the Trainee: **02**
4. Co-operativeness with fellow Trainees and employees: **01**
5. Confirmation to personal Grooming (appropriate dressing): **01**
6. Initiativensess in doing Work: **02**

7. Confirmation to sanitary Practices: 01
8. Confirmation to safety Practices: 01
9. Ability to complete work in time: 02
10. Readiness to learn Ask questions: 03
11. Confirmation to Institution's Rules and norms: 02
12. Communication skills nutritional Counselling skills: 02
13. Ability to build up report with supervisors: 02
14. Response to the suggestions of supervisors: 02
15. Ability to be systematic and well organised: 02

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Dietitian
J.H.Kidne
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ject: Ref

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Greetings

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Overall Assessment and general comments by CDPO/Mukhya Sevika

Always hesitate to ask but can work under supervision. Lack to take initiative. Influenced under peer group.

CDPO/Mukhya Sevika
(Name)
N/A

Designation
N/A

Signature
Rajp

Departmental
Head
(Name)

PREENA TRIVEDI
CHIEF CLINICAL DIETITIAN
MPUR, NAGAR

Signature
Date:

Preena Trivedi
21/03/25





Charutar Vidya Mandal's

S. M. PATEL COLLEGE OF HOME SCIENCE

(An Autonomous Institution)

Affiliated with Sardar Patel University

Reaccredited NAAC B++ (2.99), College with Potential for Excellence (CPE-II) Implemented NEP 2020

FAMILY RESOURCE MANAGEMENT • FOODS, NUTRITION AND DIETETICS • HUMAN DEVELOPMENT AND FAMILY STUDIES • TEXTILE AND CLOTHING
M. SC. PUBLIC HEALTH NUTRITION • M. SC. RESOURCE MANAGEMENT AND DESIGN APPLICATION

PRINCIPAL : DR. BHAVANA Y. CHAUHAN

Ref.No.SMP/ 646

Date : 26 / 11 / 24

To,
Ms Purna Trivedi,
Clinical Dietitian,
M.P.U.H.Kidney Hospital,
Nadiad.

Subject: Regarding Internship under Dietician

Dear Madam,
Greetings of the day!

The students of Foods and Nutrition department of S.M.Patel College of Home Science (An Autonomous Institute affiliated to Sardar Patel University) as a part of syllabus have to undergo training in the hospital dietetic department.

We would be extremely grateful if you could give permission for five girls for the period of one month starting 9th November 2024.

We wish to train them under an experienced dietician of your esteemed organization in the following area:

- Hospital kitchen working -Administration and food preparation.
- Planning hospital diets
- Patient counselling etc.

We would also need a record of their attendance duly signed by the authorities.
Kindly do the needful and revert back so we can make necessary arrangements.

Looking forward to work with you in future also.

With Regards,

Bhavana 25/11/24
(Dr. Bhavana Chauhan)
DR. BHAVANA CHAUHAN
PRINCIPAL
S.M. PATEL COLLEGE OF
HOME SCIENCE
V.V.NAGAR-388120.

Name of the students:

1. Honey Patel
2. Sakshi Pateliya
3. Vidhi Patel
4. Khushi Shastri
5. Himani Bhatt

S.M. Patel College of Home Science
(A Charutar Vidya Mandal Institute) Affiliated to Sardar Patel University
Foods and Nutrition Department
Assessment Sheet for Internship 2024-2025
T.Y.B.Sc. VI Semester

Name of the Trainee: Patel Nandini Bhikhubhai

Name of the Training Institution: Goya Bhugol-1 (Bakrol)

Address: Goya Bhugol, Bakrol TA-J Ahmed.
Pin - 388325.

Duration: 11/11/2024 to 7/12/24

Please indicate your evaluation of the Trainee's Performance on each of the factors below by placing (number) at an appropriate scale.

Scale:

1	2	3	4	5
Excellent	Good	Average	Fair	Poor

1. Knowledge gained regarding
Clinical assessment and diagnosis: Good
2. Accuracy/thoroughness with
Which work is accomplished: Good
3. Regularity /Punctuality of the
Trainee: Good
4. Co-operativeness with fellow
Trainees and employees: Good
5. Confirmation to personal
Grooming (appropriate dressing): Good
6. Initiabiveness in doing
Work: Average



S M PATEL COLLEGE OF HOME SCIENCE

NO	NAME	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
1	Patel Krishna Anilkumar	P	P	S	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2	Panchal Krishna Kaushikkumar	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	Patel Dharti Kiranbhai	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	Jani Tisha Riteshkumar	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	Patel Shivani Jashbhai	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	Konkani Nidhi Hasmukhbhai	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	Patel Honey Piyushbhai	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	S	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	Pateliya Shakshi Vijaybhai																																							
9	Patel Vidhi Bhaveshbhai																																							
10	Bhatt Himani Kashyapkumar																																							
11	Shashtri Khushi Jitalkumar																																							
12	Senghani Kunjal Jayesh																																							
13	Talati Deeya Nrupal																																							
14	Amin Maitheli Hetalkumar																																							
15	Solanki Aisha Hiteshkumat																																							
16	Patel Bhoomi Jitrendrkumar																																							


SHREE KRISHNA HOSPITAL
 KARAMSAD - 388 325.