



**INTERNSHIP
REPORT**

**DEPARTMENT
OF FOODS AND
NUTRITION**

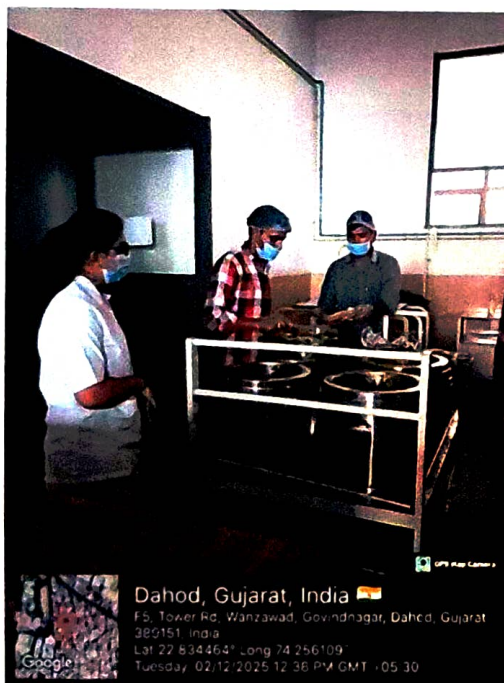
**ACADEMIC
YEAR-2025-
2026**

The Department of Foods and Nutrition has been successfully conducting internship for many years. This year as per the NEP 2020 guidelines the internship were conducted under the guidance of S.P. University and the criteria for assessment has also changed with 50% Internal and 50% External and grades were given accordingly.

The students did their internship in various sectors like Diet clinic, Multispecialty Hospitals, Hospitality sectors Food Industry and ICDS centers under the guidance of a supervisor.

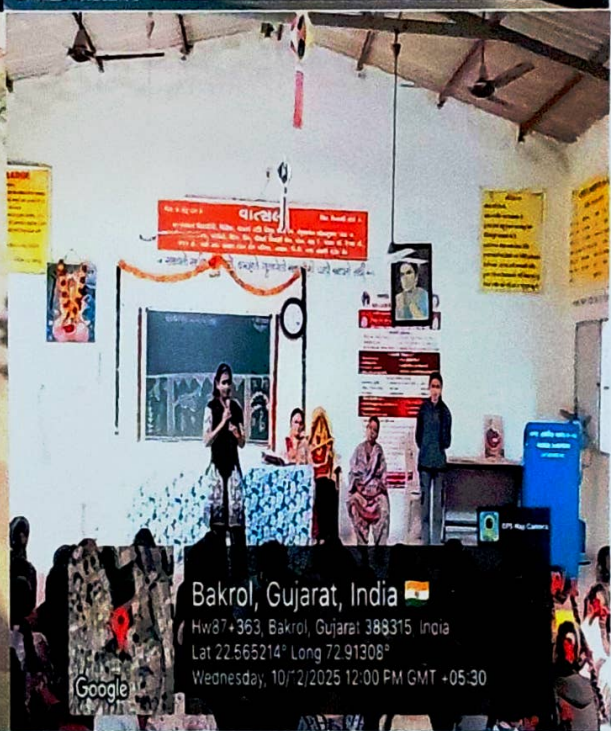
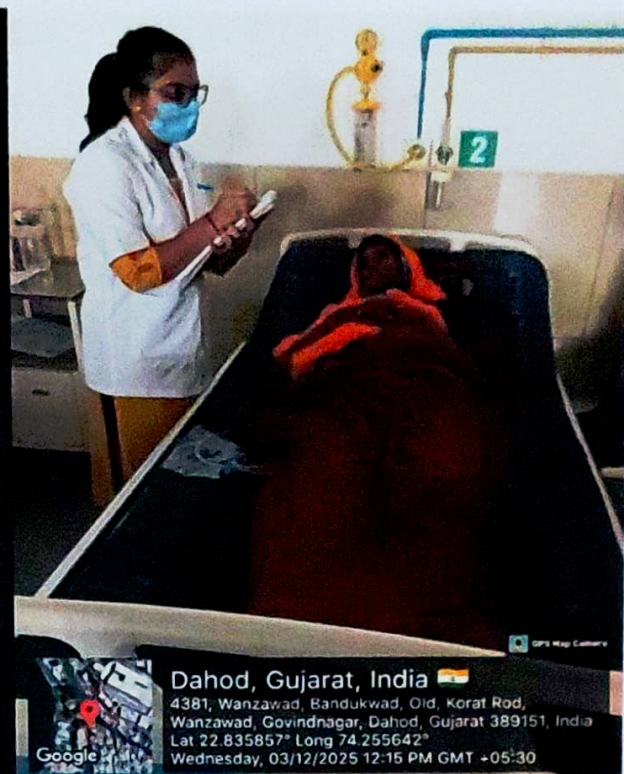
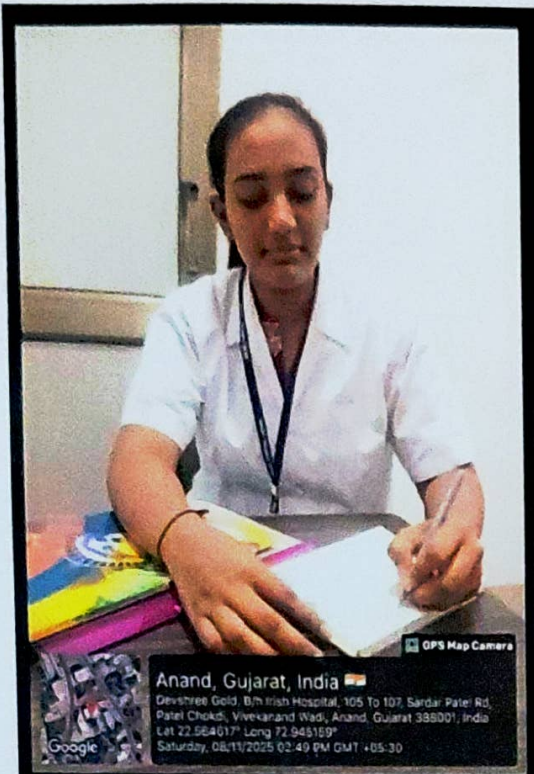
The activities included:

1. Learning counseling techniques
2. Learning the functioning of hospital dietetics department
3. Learning about planning diets
4. Visiting patients
5. Learnt about production line in food industry
6. Learnt about the functioning of ICDS, different schemes of government
7. Participated in different activities organized by the anganwadi centre
8. Learnt about poshan tracker
9. Took anthropometric measurement of the children
10. Gave lectures to the adolescence and pregnant and lactating mother on nutrition, menstrual health, etc.



Shazia
SHAZIA SHARMA
INCHARGE
DEPT. OF FOODS & NUTRITION
S.M. PATEL COLLEGE OF HOME SCIENCE

Bhavana
DR. BHAVANA CHAUHAN
PRINCIPAL
S. M. PATEL COLLEGE OF
HOME SCIENCE
V. V. NAGAR-388120





Sr. No	Name of the student	Place of Internship
1.	Aadhya Agarwal	Naira Hospitality
2.	Aliha Vohra	Iskon Balaji Foods, Kanjari
3.	Anjali Panchal	Naira Hospitality
4.	Farhanaaz Saiyed	Shri Krishna Hospital, Karamsad
5.	Jaymina Rathod	Nutrinest, Wellness Centre, Ahemdabad
6.	Khushali Chavda	Shri Krishna Hospital, Karamsad
7.	Kinjal Vaghela	NDDB CALF, Anand
8.	Megha Sharma	Sarvodaya Anganwadi, Nadiad
9.	Nidhi Parekh	Shri Krishna Hospital, Karamsad
10.	Riya Gohel	NDDB CALF, Anand
11.	Sifa Pathan	Shri Krishna Hospital, Karamsad
12.	Sneha Rathod	Shri Krishna Hospital, Karamsad
13.	Ziya Vora	Shri Krishna Hospital, Karamsad
14.	Aarti Thakor	Sihol Anganwadi
15.	Bansari Chitara	Akansa Hospital and Research Centre, Anand
16.	Bansari Patel	Zydus Hospital, Anand
17.	Bhakti Patel	Muljibhai Urological Hospital, Nadiad
18.	Diya Parekh	Zydus Hospital, Anand
19.	Haiya Patel	Amul Anand
20.	Hrutvi Palejkar	Shri Krishna Hospital, Karamsad
21.	Jeni patel	SGVP Holistic Hospital, Ahemdabad
22.	Mahi Patel	Muljibhai Urological Hospital, Nadiad
23.	Misty Sheth	Akansa Hospital and Research Centre, Anand
24.	Naiya Patel	IRIS Hospital Anand
25.	Nazmin Kureshi	Prajapati Malekwas Anganwadi
26.	Nimi Patel	Shri Krishna Hospital, Karamsad
27.	Niyati Dave	Amul, Anand
28.	Pratha Suthar	Indira Nagri anganwadi, Nadiad
29.	Rashmika Thakor	Prajapati Malekwas Anganwadi
30.	Shivani Dave	BAPS Hospital Vadodara
31.	Shriya Shah	NDDB CALF, Anand
32.	Siddhi Shah	Zydus hospital, Dahod
33.	Swara Joshi	Amul, Anand
34.	Tisha Kapatel	Muljibhai Urological Hospital, Nadiad
35.	Urmila Chauhan	Sihol Anganwadi
36.	Yashvi Bhatia	Prajapati Malekwas Anganwadi, Bakrol
37.	Yatri Patel	BAPS Hospital Vadodara
38.	Yukti Khachariya	Muljibhai Urological Hospital, Nadiad
39.	Aashtha Rabari	Amul Anand
40.	Kruti Parmar	Amul Anand
41.	Manya Patel	SGVP Holistic Hospital, Ahemdabad



Charutar Vidya Mandal's
S.M.PATEL COLLEGE OF HOME SCIENCE
(AN AUTONOMOUS Institute Affiliated with Sardar Patel University)
B. Sc (Home Science) (NEP2020)
Assessment Sheet (External Faculty)

Name of the trainee	Miss Jaymina Rathod
Nam of the training Organization	NutriNest – Center for wellness you desire
Address of the organization	B/514, AWS3, Near Manav mandir road, Memnagar, Ahmedabad 380052
Mail id	Info.nutrinestfoodpro@gmail.com
Name of the supervisor/Dietitian/faculty	Miss. Anita Sargara
Mobile no	7048511221
Mail id	anitasargara306@gmail.com
Duration of internship with date:	5 th Jan 2026 to 5 th Feb 2026 (1 month)
Duration of working hours:	1 hour

Please indicate your evaluation of the trainee's performance on each of the factors below by placing number at an appropriate scale:

Scale:

01	02	03	04	05
Poor	Fair	Average	Good	Excellent

1.	Regularity and Punctuality of the trainee	04
2.	Ability to complete work in time	05
3.	Initiative in doing work and readiness to learn /Ask questions.	05
4.	Cooperativeness with fellow trainees and employees.	04
5.	Ability to complete work in time	05
6.	Communication Skills	04
7.	Ability to build rapport with supervisors	04
8.	Response to the suggestions of the supervisor	04
9.	Ability to be systemic and well organized	04
10.	Overall	04

Signature of the supervisor:



Seal of the organization:

Name of the supervisor: Anita Sargara.

Designation of the supervisor: Chief Dietician.

Date: 27/03/2026



BU/HRCER/2025/0145

31 December, 2025

Internship Completion Certificate

This is to certify that **Ms. Hrutvi Palejkar**, a student of **B.Sc. Food & Nutrition, Semester - V** at **SM Patel College of Home Science, Vallabh Vidyanagar** affiliated to **Sardar Patel University, Vallabh Vidyanagar** has successfully completed a **21-days internship** with **Grade-B** carried out at the **Diet Clinic** of **Shree Krishna Hospital**, a constituent unit of **Bhaikaka University, Karamsad**.

The internship was carried out from **10th November 2025** to **29th November 2025** during which the intern studied various aspects of Diet management.

We hereby acknowledge the dedication and sincere efforts put forth by the student in fulfilling the requirements of internship. This certificate is issued to the intern as a token of her successful completion of the internship.

Verified by:

For Bhaikaka University,


Ms. Jayati Antani
Internship Coordinator
Diet Clinic
Shree Krishna Hospital
Karamsad




Dr. Jyoti Tiwari
Registrar



SUN - 3/12

Batch

Month

Month

Month

Roll
No.

Name

8/12

9/12

10/12

11/12

53

Rashmika C. Thakur

P P P P

Nazmin H. Kureshi

P P P P

Yashvi P. Bhatia

P P P P

